US HARBORS www.USHarbors.com

Rockland, ME - Mar 1799

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:45	10.6	7:32	9.2	12:20	1.3	1:13	0.2	6:17	5:28	
2	Sat	7:48	10.6	8:30	9.4	1:25	1.3	2:14	0.1	6:15	5:30	
3	Sun	8:44	10.7	9:22	9.5	2:25	1.2	3:08	0.1	6:13	5:31	
4	Mon	9:35	10.7	10:09	9.7	3:18	1.1	3:56	0.0	6:11	5:32	
5	Tue	10:21	10.7	10:51	9.8	4:05	1.0	4:38	0.1	6:10	5:34	
6	Wed	11:02	10.6	11:29	9.8	4:46	0.9	5:15	0.2	6:08	5:35	
7	Thu	11:39	10.4			5:24	0.8	5:49	0.4	6:06	5:36	
8	Fri	12:03	9.8	12:13	10.1	6:00	0.8	6:21	0.6	6:04	5:37	
9	Sat	12:33	9.7	12:45	9.8	6:35	0.8	6:53	0.9	6:03	5:39	
10	Sun	1:01	9.7	1:18	9.5	7:11	0.9	7:26	1.2	6:01	5:40	
11	Mon	1:31	9.6	1:53	9.2	7:49	1.0	8:02	1.5	5:59	5:41	
12	Tue	2:06	9.5	2:35	8.8	8:31	1.1	8:42	1.8	5:57	5:42	
13	Wed	2:47	9.4	3:22	8.5	9:18	1.3	9:28	2.1	5:55	5:44	
14	Thu	3:35	9.4	4:17	8.3	10:11	1.4	10:21	2.3	5:54	5:45	
15	Fri	4:30	9.4	5:20	8.3	11:11	1.3	11:20	2.2	5:52	5:46	
16	Sat	5:31	9.5	6:27	8.5			12:13	1.1	5:50	5:47	
17	Sun	6:35	9.9	7:29	8.9	12:23	2.0	1:14	0.6	5:48	5:49	
18	Mon	7:38	10.4	8:25	9.5	1:24	1.5	2:09	0.1	5:46	5:50	
19	Tue	8:35	11.0	9:15	10.3	2:21	0.8	3:01	-0.5	5:44	5:51	
20	Wed	9:29	11.6	10:03	11.0	3:15	0.1	3:50	-1.0	5:43	5:52	
21	Thu	10:20	11.9	10:50	11.6	4:07	-0.6	4:37	-1.3	5:41	5:54	
22	Fri	11:11	12.1	11:36	12.0	4:58	-1.2	5:24	-1.4	5:39	5:55	
23	Sat			12:03	12.0	5:49	-1.5	6:12	-1.2	5:37	5:56	
24	Sun	12:24	12.2	12:55	11.6	6:42	-1.6	7:01	-0.9	5:35	5:57	
25	Mon	1:14	12.1	1:51	11.0	7:36	-1.5	7:53	-0.3	5:33	5:58	
26	Tue	2:07	11.8	2:50	10.4	8:33	-1.1	8:48	0.3	5:32	6:00	
27	Wed	3:05	11.3	3:55	9.8	9:34	-0.6	9:49	0.9	5:30	6:01	
28	Thu	4:10	10.8	5:02	9.4	10:39	-0.1	10:55	1.3	5:28	6:02	
29	Fri	5:18	10.4	6:09	9.2	11:46	0.3			5:26	6:03	
30	Sat	6:25	10.2	7:11	9.2	12:03	1.5	12:51	0.4	5:24	6:04	
31	Sun	7:27	10.2	8:07	9.4	1:08	1.5	1:50	0.5	5:22	6:06	