US HARBORS www.USHarbors.com

Rockland, ME - Jul 1858

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:28	10.0	2:09	9.1	8:00	0.6	8:09	1.7	4:00	7:27	
2	Fri	2:11	9.8	2:50	9.3	8:40	0.6	8:57	1.6	4:01	7:27	
3	Sat	2:58	9.7	3:35	9.6	9:23	0.7	9:49	1.3	4:01	7:26	
4	Sun	3:50	9.5	4:24	9.9	10:11	0.8	10:46	1.0	4:02	7:26	
5	Mon	4:48	9.4	5:18	10.3	11:03	0.9	11:46	0.6	4:02	7:26	
6	Tue	5:50	9.3	6:15	10.7	11:58	0.9			4:03	7:26	
7	Wed	6:56	9.4	7:14	11.2	12:48	0.2	12:57	0.8	4:04	7:25	
8	Thu	8:01	9.6	8:13	11.6	1:49	-0.4	1:56	0.7	4:04	7:25	
9	Fri	9:03	9.9	9:12	12.0	2:49	-0.9	2:55	0.4	4:05	7:24	
10	Sat	10:02	10.2	10:10	12.3	3:46	-1.3	3:52	0.1	4:06	7:24	
11	Sun	10:58	10.5	11:07	12.5	4:42	-1.6	4:49	-0.1	4:07	7:23	
12	Mon	11:52	10.7			5:36	-1.7	5:45	-0.2	4:08	7:23	
13	Tue	12:02	12.4	12:46	10.8	6:28	-1.6	6:40	-0.2	4:08	7:22	
14	Wed	12:57	12.0	1:38	10.8	7:20	-1.3	7:36	-0.1	4:09	7:22	
15	Thu	1:51	11.5	2:31	10.7	8:11	-0.9	8:33	0.2	4:10	7:21	
16	Fri	2:47	10.9	3:24	10.6	9:02	-0.3	9:30	0.4	4:11	7:20	
17	Sat	3:45	10.2	4:18	10.4	9:54	0.3	10:29	0.7	4:12	7:19	
18	Sun	4:44	9.6	5:12	10.2	10:47	0.8	11:29	0.9	4:13	7:19	
19	Mon	5:44	9.1	6:07	10.0	11:41	1.3			4:14	7:18	
20	Tue	6:43	8.8	7:00	9.9	12:27	1.0	12:35	1.7	4:15	7:17	
21	Wed	7:39	8.6	7:51	9.9	1:24	1.0	1:28	1.9	4:16	7:16	
22	Thu	8:31	8.6	8:40	10.0	2:16	0.9	2:18	1.9	4:17	7:15	
23	Fri	9:20	8.7	9:25	10.1	3:04	0.8	3:05	1.9	4:18	7:14	
24	Sat	10:04	8.8	10:06	10.2	3:49	0.6	3:47	1.8	4:19	7:13	
25	Sun	10:44	8.9	10:43	10.3	4:29	0.5	4:27	1.6	4:20	7:12	
26	Mon	11:21	9.0	11:17	10.3	5:06	0.4	5:05	1.5	4:21	7:11	
27	Tue	11:54	9.1	11:50	10.3	5:42	0.3	5:42	1.4	4:22	7:10	
28	Wed			12:26	9.3	6:16	0.3	6:19	1.3	4:23	7:09	
29	Thu	12:24	10.3	12:58	9.5	6:50	0.3	6:59	1.1	4:24	7:08	
30	Fri	1:02	10.2	1:33	9.7	7:26	0.4	7:42	1.0	4:25	7:07	
31	Sat	1:44	10.0	2:14	9.9	8:05	0.5	8:29	0.9	4:26	7:06	