

Rockland, ME - Jul 1957

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:45	12.0	2:27	11.0	8:12	-1.5	8:30	-0.3	4:56	8:23	
2	Tue	2:40	11.8	3:21	11.1	9:04	-1.3	9:28	-0.3	4:57	8:23	
3	Wed	3:38	11.4	4:19	11.2	9:59	-1.0	10:29	-0.2	4:57	8:23	
4	Thu	4:41	10.9	5:20	11.2	10:56	-0.6	11:33	-0.2	4:58	8:22	
5	Fri	5:48	10.5	6:22	11.2	11:55	-0.2			4:59	8:22	
6	Sat	6:55	10.2	7:23	11.3	12:38	-0.2	12:56	0.1	4:59	8:22	
7	Sun	8:00	10.0	8:23	11.3	1:43	-0.2	1:56	0.3	5:00	8:21	
8	Mon	9:00	9.9	9:19	11.3	2:44	-0.3	2:55	0.5	5:01	8:21	
9	Tue	9:56	9.9	10:11	11.3	3:41	-0.4	3:49	0.6	5:02	8:20	
10	Wed	10:48	9.9	11:00	11.2	4:33	-0.4	4:40	0.7	5:02	8:20	
11	Thu	11:36	9.8	11:45	11.1	5:21	-0.4	5:26	0.8	5:03	8:19	
12	Fri			12:21	9.8	6:04	-0.3	6:09	0.9	5:04	8:19	
13	Sat	12:27	10.8	1:02	9.7	6:45	-0.1	6:50	1.0	5:05	8:18	
14	Sun	1:05	10.6	1:40	9.6	7:22	0.1	7:28	1.2	5:06	8:18	
15	Mon	1:41	10.3	2:16	9.5	7:59	0.3	8:07	1.3	5:07	8:17	
16	Tue	2:15	10.0	2:50	9.4	8:35	0.5	8:48	1.4	5:07	8:16	
17	Wed	2:51	9.7	3:25	9.4	9:12	0.8	9:31	1.5	5:08	8:16	
18	Thu	3:31	9.4	4:03	9.4	9:52	1.0	10:17	1.5	5:09	8:15	
19	Fri	4:16	9.1	4:46	9.4	10:35	1.3	11:07	1.5	5:10	8:14	
20	Sat	5:06	8.9	5:34	9.5	11:22	1.4			5:11	8:13	
21	Sun	6:01	8.7	6:26	9.7	12:02	1.4	12:13	1.5	5:12	8:12	
22	Mon	7:01	8.7	7:21	10.0	12:58	1.2	1:07	1.5	5:13	8:11	
23	Tue	8:02	8.9	8:16	10.4	1:54	0.8	2:01	1.3	5:14	8:10	
24	Wed	8:59	9.2	9:11	10.9	2:50	0.3	2:56	1.0	5:15	8:10	
25	Thu	9:54	9.7	10:04	11.5	3:42	-0.2	3:49	0.5	5:16	8:09	
26	Fri	10:45	10.2	10:55	11.9	4:33	-0.8	4:42	0.0	5:17	8:07	
27	Sat	11:35	10.7	11:47	12.3	5:23	-1.3	5:34	-0.4	5:18	8:06	
28	Sun			12:25	11.2	6:12	-1.6	6:26	-0.8	5:19	8:05	
29	Mon	12:39	12.4	1:15	11.5	7:02	-1.7	7:19	-1.0	5:20	8:04	
30	Tue	1:32	12.3	2:07	11.7	7:52	-1.7	8:14	-1.0	5:21	8:03	
31	Wed	2:27	11.9	3:00	11.7	8:43	-1.4	9:11	-0.9	5:23	8:02	