

Rockland, ME - Jul 1968

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:55	10.2	3:37	9.4	9:27	0.3	9:41	1.4	4:57	8:23	
2	Tue	3:44	10.1	4:24	9.7	10:12	0.3	10:35	1.2	4:57	8:23	
3	Wed	4:38	9.9	5:16	10.1	11:01	0.4	11:33	0.9	4:58	8:23	
4	Thu	5:36	9.8	6:11	10.4	11:54	0.5			4:58	8:22	
5	Fri	6:40	9.7	7:08	10.9	12:35	0.5	12:51	0.5	4:59	8:22	
6	Sat	7:47	9.7	8:08	11.3	1:38	0.0	1:49	0.6	5:00	8:22	
7	Sun	8:53	9.8	9:08	11.7	2:40	-0.5	2:48	0.5	5:00	8:21	
8	Mon	9:56	10.0	10:06	12.0	3:40	-0.9	3:47	0.4	5:01	8:21	
9	Tue	10:55	10.2	11:04	12.2	4:38	-1.3	4:45	0.2	5:02	8:20	
10	Wed	11:51	10.3	11:59	12.3	5:34	-1.5	5:41	0.1	5:03	8:20	
11	Thu			12:45	10.4	6:28	-1.5	6:35	0.1	5:03	8:19	
12	Fri	12:53	12.1	1:38	10.4	7:20	-1.4	7:29	0.2	5:04	8:19	
13	Sat	1:46	11.8	2:29	10.4	8:10	-1.1	8:23	0.4	5:05	8:18	
14	Sun	2:38	11.3	3:20	10.2	9:00	-0.6	9:16	0.6	5:06	8:18	
15	Mon	3:31	10.7	4:10	10.1	9:49	-0.1	10:11	0.9	5:07	8:17	
16	Tue	4:25	10.1	5:01	9.9	10:37	0.4	11:06	1.1	5:08	8:16	
17	Wed	5:20	9.5	5:52	9.8	11:27	1.0			5:09	8:15	
18	Thu	6:17	9.0	6:43	9.6	12:03	1.3	12:17	1.4	5:10	8:15	
19	Fri	7:15	8.7	7:35	9.6	1:00	1.3	1:09	1.8	5:11	8:14	
20	Sat	8:11	8.5	8:25	9.7	1:55	1.3	2:01	1.9	5:12	8:13	
21	Sun	9:05	8.5	9:13	9.8	2:48	1.1	2:51	2.0	5:12	8:12	
22	Mon	9:54	8.6	9:58	9.9	3:37	1.0	3:38	2.0	5:13	8:11	
23	Tue	10:40	8.7	10:40	10.1	4:23	0.8	4:22	1.9	5:14	8:10	
24	Wed	11:22	8.8	11:19	10.3	5:06	0.5	5:03	1.7	5:16	8:09	
25	Thu			12:00	9.0	5:45	0.4	5:43	1.5	5:17	8:08	
26	Fri			12:36	9.2	6:23	0.2	6:22	1.3	5:18	8:07	
27	Sat	12:31	10.6	1:10	9.4	7:00	0.1	7:02	1.1	5:19	8:06	
28	Sun	1:09	10.6	1:45	9.6	7:37	0.0	7:44	1.0	5:20	8:05	
29	Mon	1:49	10.6	2:24	9.9	8:15	-0.1	8:29	0.8	5:21	8:04	
30	Tue	2:34	10.5	3:06	10.2	8:57	0.0	9:18	0.6	5:22	8:03	
31	Wed	3:22	10.3	3:54	10.4	9:42	0.2	10:12	0.5	5:23	8:02	