

Rockland, ME - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:06	12.4	12:55	10.5	6:39	-1.7	6:47	-0.1	4:56	8:23	
2	Wed	1:02	12.4	1:50	10.7	7:33	-1.7	7:44	-0.1	4:57	8:23	
3	Thu	1:59	12.2	2:45	10.7	8:27	-1.5	8:42	0.0	4:58	8:23	
4	Fri	2:57	11.8	3:41	10.7	9:20	-1.2	9:41	0.1	4:58	8:22	
5	Sat	3:56	11.2	4:37	10.7	10:15	-0.7	10:42	0.3	4:59	8:22	
6	Sun	4:57	10.6	5:34	10.6	11:10	-0.1	11:44	0.5	5:00	8:22	
7	Mon	5:59	10.0	6:31	10.5			12:05	0.4	5:00	8:21	
8	Tue	7:01	9.5	7:26	10.4	12:46	0.6	1:01	0.9	5:01	8:21	
9	Wed	8:01	9.2	8:20	10.4	1:46	0.6	1:56	1.2	5:02	8:20	
10	Thu	8:57	9.0	9:11	10.3	2:43	0.6	2:49	1.5	5:02	8:20	
11	Fri	9:50	8.9	9:59	10.3	3:35	0.5	3:38	1.7	5:03	8:19	
12	Sat	10:38	8.9	10:43	10.3	4:23	0.5	4:24	1.7	5:04	8:19	
13	Sun	11:22	8.9	11:24	10.3	5:07	0.5	5:06	1.7	5:05	8:18	
14	Mon			12:04	8.9	5:48	0.4	5:45	1.7	5:06	8:18	
15	Tue	12:02	10.3	12:41	8.9	6:26	0.4	6:23	1.7	5:07	8:17	
16	Wed	12:36	10.2	1:16	8.9	7:01	0.4	7:00	1.7	5:08	8:16	
17	Thu	1:09	10.2	1:48	9.0	7:36	0.5	7:37	1.6	5:08	8:16	
18	Fri	1:42	10.1	2:20	9.1	8:11	0.5	8:16	1.6	5:09	8:15	
19	Sat	2:19	9.9	2:54	9.3	8:46	0.6	8:58	1.5	5:10	8:14	
20	Sun	3:00	9.8	3:33	9.5	9:24	0.7	9:44	1.4	5:11	8:13	
21	Mon	3:45	9.6	4:16	9.7	10:06	0.9	10:35	1.2	5:12	8:12	
22	Tue	4:36	9.3	5:05	9.9	10:52	1.0	11:30	1.0	5:13	8:11	
23	Wed	5:33	9.2	5:59	10.2	11:44	1.2			5:14	8:10	
24	Thu	6:35	9.1	6:57	10.5	12:31	0.7	12:41	1.2	5:15	8:09	
25	Fri	7:42	9.1	7:59	10.9	1:34	0.3	1:42	1.1	5:16	8:08	
26	Sat	8:49	9.4	9:01	11.4	2:37	-0.2	2:43	0.9	5:17	8:07	
27	Sun	9:52	9.7	10:02	11.9	3:37	-0.7	3:44	0.5	5:18	8:06	
28	Mon	10:51	10.1	11:00	12.3	4:35	-1.2	4:42	0.1	5:19	8:05	
29	Tue	11:46	10.5	11:56	12.4	5:30	-1.5	5:39	-0.2	5:21	8:04	
30	Wed			12:39	10.9	6:23	-1.7	6:34	-0.4	5:22	8:03	
31	Thu	12:51	12.4	1:30	11.1	7:14	-1.6	7:28	-0.5	5:23	8:02	