

Rockland, ME - Oct 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:31	9.2	3:35	10.0	9:22	1.6	10:03	0.7	6:34	6:17	
2	Thu	4:24	8.7	4:27	9.5	10:12	2.0	10:58	1.1	6:35	6:16	
3	Fri	5:22	8.4	5:26	9.2	11:07	2.4	11:56	1.4	6:36	6:14	
4	Sat	6:22	8.2	6:29	9.1			12:07	2.5	6:37	6:12	
5	Sun	7:20	8.3	7:28	9.2	12:55	1.4	1:07	2.4	6:38	6:10	
6	Mon	8:13	8.5	8:22	9.4	1:51	1.3	2:03	2.1	6:40	6:08	
7	Tue	9:00	8.9	9:10	9.6	2:40	1.1	2:53	1.7	6:41	6:07	
8	Wed	9:42	9.3	9:53	9.8	3:24	0.9	3:38	1.3	6:42	6:05	
9	Thu	10:19	9.7	10:33	10.0	4:03	0.7	4:20	0.8	6:43	6:03	
10	Fri	10:52	10.1	11:10	10.2	4:40	0.5	4:59	0.4	6:44	6:01	
11	Sat	11:24	10.5	11:47	10.2	5:15	0.5	5:38	0.0	6:46	6:00	
12	Sun	11:58	10.8			5:51	0.4	6:18	-0.3	6:47	5:58	
13	Mon	12:26	10.2	12:35	11.0	6:29	0.5	7:00	-0.5	6:48	5:56	
14	Tue	1:08	10.1	1:16	11.2	7:10	0.6	7:46	-0.6	6:49	5:54	
15	Wed	1:54	9.9	2:02	11.1	7:55	0.8	8:36	-0.5	6:51	5:53	
16	Thu	2:46	9.7	2:55	11.0	8:45	1.0	9:32	-0.3	6:52	5:51	
17	Fri	3:44	9.4	3:54	10.8	9:43	1.2	10:34	-0.1	6:53	5:49	
18	Sat	4:51	9.3	5:02	10.6	10:48	1.4	11:41	0.0	6:54	5:48	
19	Sun	6:03	9.3	6:16	10.5	11:58	1.3			6:56	5:46	
20	Mon	7:13	9.6	7:28	10.6	12:48	0.0	1:09	1.0	6:57	5:44	
21	Tue	8:14	10.1	8:33	10.8	1:51	-0.2	2:16	0.5	6:58	5:43	
22	Wed	9:10	10.7	9:32	10.9	2:49	-0.3	3:15	0.0	7:00	5:41	
23	Thu	10:01	11.1	10:26	11.0	3:42	-0.4	4:10	-0.4	7:01	5:40	
24	Fri	10:48	11.4	11:16	10.9	4:31	-0.4	5:00	-0.7	7:02	5:38	
25	Sat	11:32	11.5			5:16	-0.2	5:47	-0.8	7:03	5:37	
26	Sun	12:03	10.6	11:49	10.2	4:59	0.2	5:32	-0.7	6:05	4:35	
27	Mon	11:55	11.1			5:41	0.6	6:15	-0.4	6:06	4:34	
28	Tue	12:33	9.8	12:34	10.7	6:22	1.1	6:58	-0.1	6:07	4:32	
29	Wed	1:17	9.3	1:14	10.2	7:04	1.5	7:42	0.4	6:09	4:31	
30	Thu	2:02	8.9	1:56	9.8	7:47	1.9	8:29	0.8	6:10	4:29	
31	Fri	2:50	8.6	2:44	9.5	8:34	2.3	9:19	1.1	6:11	4:28	