

Rockland, ME - Apr 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:54	10.5	6:50	9.5			12:29	0.0	5:17	6:02	
2	Thu	7:05	10.8	7:51	10.1	12:46	1.0	1:31	-0.3	5:16	6:04	
3	Fri	8:09	11.2	8:46	10.8	1:51	0.3	2:28	-0.7	5:14	6:05	
4	Sat	9:07	11.5	9:37	11.4	2:50	-0.3	3:20	-0.9	5:12	6:06	
5	Sun	10:01	11.6	10:25	11.8	3:45	-0.9	4:09	-0.9	5:10	6:07	
6	Mon	10:53	11.5	11:12	11.9	4:37	-1.2	4:56	-0.8	5:08	6:08	
7	Tue	11:42	11.2	11:57	11.8	5:26	-1.3	5:42	-0.5	5:07	6:10	
8	Wed			12:31	10.8	6:15	-1.2	6:28	0.0	5:05	6:11	
9	Thu	12:42	11.5	1:20	10.2	7:03	-0.8	7:14	0.6	5:03	6:12	
10	Fri	1:28	11.1	2:10	9.7	7:52	-0.3	8:01	1.2	5:01	6:13	
11	Sat	2:16	10.5	3:03	9.1	8:43	0.2	8:52	1.7	5:00	6:15	
12	Sun	3:08	10.0	4:00	8.7	9:37	0.7	9:47	2.1	4:58	6:16	
13	Mon	4:06	9.5	4:59	8.5	10:34	1.1	10:46	2.3	4:56	6:17	
14	Tue	5:07	9.3	5:57	8.4	11:33	1.3	11:47	2.3	4:54	6:18	
15	Wed	6:07	9.2	6:52	8.6			12:29	1.4	4:53	6:19	
16	Thu	7:03	9.3	7:41	8.9	12:44	2.1	1:20	1.3	4:51	6:21	
17	Fri	7:54	9.4	8:25	9.2	1:37	1.8	2:06	1.2	4:49	6:22	
18	Sat	8:40	9.5	9:04	9.6	2:24	1.4	2:47	1.0	4:48	6:23	
19	Sun	9:22	9.6	9:39	9.9	3:07	1.0	3:24	0.9	4:46	6:24	
20	Mon	10:01	9.7	10:11	10.2	3:47	0.6	4:00	0.9	4:44	6:25	
21	Tue	10:37	9.8	10:43	10.5	4:26	0.3	4:36	0.9	4:43	6:27	
22	Wed	11:14	9.8	11:17	10.7	5:04	0.0	5:12	0.9	4:41	6:28	
23	Thu	11:53	9.7	11:56	10.9	5:44	-0.2	5:51	1.0	4:39	6:29	
24	Fri			12:35	9.7	6:27	-0.3	6:33	1.1	4:38	6:30	
25	Sat	12:39	10.9	1:22	9.5	7:13	-0.3	7:20	1.2	4:36	6:31	
26	Sun	1:28	10.9	3:15	9.4	9:04	-0.3	9:13	1.3	5:35	7:33	
27	Mon	3:22	10.8	4:15	9.3	10:01	-0.1	10:13	1.4	5:33	7:34	
28	Tue	4:23	10.6	5:21	9.4	11:02	-0.1	11:19	1.3	5:32	7:35	
29	Wed	5:31	10.5	6:29	9.7			12:06	-0.1	5:30	7:36	
30	Thu	6:43	10.5	7:33	10.1	12:28	1.1	1:09	-0.1	5:29	7:37	