

Rockland, ME - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:52	10.6	8:31	10.7	1:35	0.6	2:08	-0.3	5:27	7:39	
2	Sat	8:55	10.8	9:25	11.2	2:38	0.1	3:04	-0.4	5:26	7:40	
3	Sun	9:52	10.8	10:15	11.6	3:36	-0.5	3:56	-0.4	5:24	7:41	
4	Mon	10:46	10.8	11:03	11.7	4:30	-0.9	4:45	-0.2	5:23	7:42	
5	Tue	11:37	10.7	11:49	11.7	5:21	-1.1	5:32	0.0	5:22	7:43	
6	Wed			12:26	10.4	6:09	-1.1	6:18	0.4	5:20	7:45	
7	Thu	12:33	11.5	1:14	10.1	6:56	-0.9	7:03	0.8	5:19	7:46	
8	Fri	1:17	11.2	2:00	9.6	7:42	-0.5	7:47	1.2	5:18	7:47	
9	Sat	2:01	10.7	2:47	9.2	8:28	-0.1	8:33	1.6	5:17	7:48	
10	Sun	2:45	10.3	3:36	8.9	9:15	0.4	9:20	1.9	5:15	7:49	
11	Mon	3:33	9.8	4:26	8.6	10:03	0.8	10:11	2.2	5:14	7:50	
12	Tue	4:24	9.5	5:19	8.5	10:54	1.1	11:06	2.3	5:13	7:52	
13	Wed	5:19	9.2	6:12	8.6	11:46	1.3			5:12	7:53	
14	Thu	6:16	9.0	7:03	8.7	12:03	2.3	12:37	1.4	5:11	7:54	
15	Fri	7:13	9.0	7:51	9.0	12:59	2.1	1:26	1.4	5:09	7:55	
16	Sat	8:06	9.0	8:34	9.4	1:53	1.8	2:13	1.4	5:08	7:56	
17	Sun	8:55	9.1	9:14	9.8	2:42	1.4	2:56	1.3	5:07	7:57	
18	Mon	9:41	9.2	9:52	10.1	3:29	0.9	3:38	1.2	5:06	7:58	
19	Tue	10:25	9.4	10:30	10.5	4:13	0.4	4:19	1.1	5:05	7:59	
20	Wed	11:07	9.5	11:09	10.9	4:56	0.0	5:00	1.1	5:04	8:00	
21	Thu	11:50	9.6	11:50	11.1	5:39	-0.3	5:43	1.0	5:03	8:01	
22	Fri			12:34	9.7	6:23	-0.6	6:27	0.9	5:03	8:02	
23	Sat	12:35	11.3	1:22	9.8	7:10	-0.8	7:15	0.9	5:02	8:03	
24	Sun	1:24	11.4	2:12	9.8	8:00	-0.8	8:07	0.9	5:01	8:04	
25	Mon	2:16	11.4	3:07	9.8	8:53	-0.8	9:03	0.9	5:00	8:05	
26	Tue	3:13	11.2	4:07	9.9	9:49	-0.7	10:04	0.9	4:59	8:06	
27	Wed	4:15	10.9	5:09	10.1	10:47	-0.5	11:09	0.8	4:59	8:07	
28	Thu	5:22	10.7	6:11	10.3	11:47	-0.3			4:58	8:08	
29	Fri	6:30	10.5	7:11	10.7	12:16	0.6	12:46	-0.2	4:57	8:09	
30	Sat	7:36	10.3	8:09	11.0	1:21	0.3	1:44	0.0	4:57	8:10	
31	Sun	8:39	10.2	9:03	11.3	2:24	-0.1	2:40	0.1	4:56	8:11	