

Rockland, ME - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:31	9.2	11:37	10.5	5:18	0.2	5:19	1.4	5:23	8:01	
2	Sun			12:12	9.2	5:58	0.3	5:59	1.4	5:25	8:00	
3	Mon	12:15	10.4	12:49	9.2	6:35	0.3	6:36	1.4	5:26	7:58	
4	Tue	12:50	10.3	1:23	9.2	7:08	0.4	7:12	1.4	5:27	7:57	
5	Wed	1:22	10.1	1:53	9.3	7:41	0.6	7:49	1.4	5:28	7:56	
6	Thu	1:54	9.8	2:22	9.3	8:14	0.8	8:27	1.4	5:29	7:54	
7	Fri	2:29	9.6	2:55	9.4	8:48	1.0	9:07	1.4	5:30	7:53	
8	Sat	3:08	9.3	3:32	9.5	9:25	1.2	9:52	1.4	5:31	7:52	
9	Sun	3:53	9.0	4:15	9.5	10:06	1.5	10:42	1.4	5:32	7:50	
10	Mon	4:43	8.7	5:04	9.6	10:53	1.7	11:37	1.3	5:34	7:49	
11	Tue	5:40	8.6	6:00	9.8	11:46	1.8			5:35	7:47	
12	Wed	6:44	8.5	7:00	10.1	12:38	1.1	12:45	1.8	5:36	7:46	
13	Thu	7:51	8.7	8:03	10.5	1:41	0.7	1:47	1.6	5:37	7:45	
14	Fri	8:55	9.1	9:05	11.1	2:42	0.2	2:48	1.1	5:38	7:43	
15	Sat	9:53	9.7	10:03	11.6	3:40	-0.4	3:46	0.6	5:39	7:41	
16	Sun	10:47	10.3	10:59	12.1	4:34	-1.0	4:42	0.0	5:40	7:40	
17	Mon	11:38	10.8	11:52	12.4	5:25	-1.4	5:37	-0.6	5:42	7:38	
18	Tue			12:28	11.3	6:14	-1.6	6:30	-0.9	5:43	7:37	
19	Wed	12:45	12.3	1:18	11.6	7:03	-1.6	7:24	-1.1	5:44	7:35	
20	Thu	1:38	12.0	2:07	11.8	7:52	-1.3	8:18	-1.1	5:45	7:34	
21	Fri	2:33	11.5	2:59	11.6	8:42	-0.9	9:14	-0.8	5:46	7:32	
22	Sat	3:29	10.9	3:53	11.4	9:34	-0.2	10:13	-0.5	5:47	7:30	
23	Sun	4:30	10.2	4:51	11.0	10:29	0.4	11:15	0.0	5:48	7:29	
24	Mon	5:33	9.5	5:53	10.6	11:29	1.0			5:50	7:27	
25	Tue	6:39	9.1	6:56	10.3	12:19	0.3	12:31	1.4	5:51	7:25	
26	Wed	7:42	8.9	7:58	10.2	1:24	0.6	1:34	1.7	5:52	7:24	
27	Thu	8:41	8.9	8:54	10.2	2:25	0.6	2:34	1.7	5:53	7:22	
28	Fri	9:34	9.0	9:45	10.2	3:19	0.6	3:27	1.6	5:54	7:20	
29	Sat	10:21	9.1	10:31	10.3	4:08	0.5	4:14	1.4	5:55	7:18	
30	Sun	11:04	9.3	11:13	10.3	4:50	0.5	4:56	1.3	5:56	7:17	
31	Mon	11:42	9.4	11:50	10.2	5:28	0.5	5:34	1.1	5:58	7:15	