

Rockland, ME - Nov 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:36	10.6			5:31	1.2	6:07	0.0	6:12	4:27	
2	Mon	12:15	9.4	12:16	10.7	6:10	1.3	6:50	0.0	6:14	4:25	
3	Tue	12:58	9.3	1:01	10.6	6:54	1.4	7:38	0.0	6:15	4:24	
4	Wed	1:47	9.2	1:52	10.6	7:44	1.5	8:31	0.1	6:16	4:23	
5	Thu	2:42	9.1	2:49	10.4	8:40	1.6	9:29	0.1	6:18	4:21	
6	Fri	3:44	9.2	3:53	10.3	9:44	1.5	10:31	0.1	6:19	4:20	
7	Sat	4:50	9.5	5:03	10.3	10:52	1.3	11:33	0.0	6:20	4:19	
8	Sun	5:56	9.9	6:14	10.4			12:00	0.8	6:22	4:18	
9	Mon	6:56	10.5	7:19	10.6	12:33	-0.1	1:04	0.2	6:23	4:17	
10	Tue	7:51	11.1	8:20	10.7	1:30	-0.3	2:04	-0.4	6:24	4:15	
11	Wed	8:43	11.6	9:16	10.8	2:24	-0.3	3:00	-0.9	6:26	4:14	
12	Thu	9:33	12.0	10:09	10.8	3:15	-0.3	3:53	-1.3	6:27	4:13	
13	Fri	10:21	12.1	11:00	10.6	4:04	-0.2	4:44	-1.4	6:28	4:12	
14	Sat	11:08	11.9	11:50	10.3	4:52	0.1	5:33	-1.3	6:30	4:11	
15	Sun	11:55	11.6			5:40	0.4	6:21	-1.0	6:31	4:10	
16	Mon	12:39	10.0	12:41	11.2	6:27	0.8	7:09	-0.5	6:32	4:09	
17	Tue	1:28	9.6	1:29	10.7	7:14	1.3	7:57	0.0	6:34	4:08	
18	Wed	2:19	9.2	2:18	10.2	8:04	1.7	8:47	0.4	6:35	4:07	
19	Thu	3:10	8.9	3:10	9.7	8:56	2.0	9:38	0.8	6:36	4:06	
20	Fri	4:04	8.7	4:06	9.3	9:51	2.2	10:30	1.1	6:37	4:06	
21	Sat	4:57	8.7	5:03	9.1	10:49	2.2	11:22	1.3	6:39	4:05	
22	Sun	5:49	8.9	6:00	9.0	11:46	2.1			6:40	4:04	
23	Mon	6:37	9.1	6:54	8.9	12:11	1.4	12:40	1.8	6:41	4:03	
24	Tue	7:22	9.4	7:44	9.0	12:58	1.4	1:31	1.4	6:42	4:03	
25	Wed	8:03	9.7	8:31	9.1	1:43	1.4	2:17	1.0	6:44	4:02	
26	Thu	8:42	10.0	9:15	9.2	2:25	1.4	3:01	0.6	6:45	4:02	
27	Fri	9:18	10.3	9:56	9.3	3:05	1.3	3:43	0.3	6:46	4:01	
28	Sat	9:55	10.6	10:35	9.4	3:45	1.3	4:24	0.0	6:47	4:00	
29	Sun	10:33	10.9	11:16	9.4	4:25	1.2	5:06	-0.3	6:48	4:00	
30	Mon	11:14	11.1			5:07	1.1	5:49	-0.5	6:50	4:00	