

Rockland, ME - Dec 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:59	11.2			5:51	1.1	6:35	-0.5	6:51	3:59	
2	Wed	12:45	9.6	12:47	11.2	6:39	1.0	7:24	-0.6	6:52	3:59	
3	Thu	1:36	9.6	1:40	11.1	7:32	1.0	8:16	-0.5	6:53	3:59	
4	Fri	2:31	9.7	2:38	10.9	8:29	1.0	9:11	-0.4	6:54	3:58	
5	Sat	3:30	9.9	3:41	10.6	9:32	0.9	10:09	-0.2	6:55	3:58	
6	Sun	4:31	10.2	4:49	10.3	10:38	0.7	11:09	-0.1	6:56	3:58	
7	Mon	5:33	10.5	5:58	10.2	11:45	0.4			6:57	3:58	
8	Tue	6:33	10.9	7:05	10.1	12:08	0.1	12:49	0.0	6:58	3:58	
9	Wed	7:30	11.3	8:06	10.1	1:06	0.2	1:51	-0.4	6:59	3:58	
10	Thu	8:24	11.5	9:04	10.1	2:02	0.3	2:48	-0.7	7:00	3:58	
11	Fri	9:16	11.7	9:57	10.1	2:56	0.4	3:41	-0.9	7:01	3:58	
12	Sat	10:05	11.7	10:48	10.0	3:47	0.5	4:31	-0.9	7:02	3:58	
13	Sun	10:53	11.5	11:36	9.8	4:35	0.7	5:19	-0.8	7:02	3:58	
14	Mon	11:38	11.3			5:22	0.9	6:04	-0.6	7:03	3:58	
15	Tue	12:22	9.6	12:22	10.9	6:06	1.1	6:48	-0.3	7:04	3:58	
16	Wed	1:06	9.4	1:04	10.5	6:50	1.4	7:30	0.1	7:05	3:58	
17	Thu	1:50	9.1	1:46	10.1	7:35	1.6	8:13	0.5	7:05	3:59	
18	Fri	2:33	9.0	2:29	9.7	8:20	1.9	8:56	0.8	7:06	3:59	
19	Sat	3:17	8.9	3:15	9.3	9:09	2.0	9:40	1.1	7:07	3:59	
20	Sun	4:02	8.9	4:06	9.0	10:00	2.0	10:26	1.4	7:07	4:00	
21	Mon	4:49	9.0	5:00	8.7	10:54	2.0	11:13	1.6	7:08	4:00	
22	Tue	5:36	9.1	5:58	8.6	11:50	1.8			7:08	4:01	
23	Wed	6:24	9.3	6:54	8.5	12:02	1.7	12:44	1.5	7:09	4:01	
24	Thu	7:10	9.6	7:48	8.6	12:51	1.8	1:36	1.1	7:09	4:02	
25	Fri	7:56	10.0	8:39	8.8	1:39	1.7	2:26	0.7	7:09	4:03	
26	Sat	8:41	10.4	9:26	9.0	2:27	1.6	3:13	0.3	7:10	4:03	
27	Sun	9:26	10.8	10:12	9.3	3:13	1.4	3:59	-0.2	7:10	4:04	
28	Mon	10:11	11.2	10:57	9.6	4:00	1.1	4:45	-0.6	7:10	4:05	
29	Tue	10:58	11.5	11:43	9.9	4:47	0.8	5:32	-0.9	7:11	4:05	
30	Wed	11:46	11.7			5:35	0.6	6:19	-1.1	7:11	4:06	
31	Thu	12:31	10.1	12:36	11.7	6:26	0.4	7:08	-1.1	7:11	4:07	