

Rockland, ME - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:17	10.5	4:55	9.3	10:50	0.4	11:04	1.1	7:13	6:24	
2	Sat	5:16	10.5	6:03	9.2	11:54	0.3			7:11	6:25	
3	Sun	6:23	10.6	7:16	9.4	12:08	1.1	1:01	0.1	7:10	6:26	
4	Mon	7:34	10.9	8:25	9.8	1:16	0.9	2:07	-0.2	7:08	6:28	
5	Tue	8:43	11.3	9:27	10.4	2:23	0.5	3:08	-0.7	7:06	6:29	
6	Wed	9:45	11.7	10:23	11.0	3:25	0.0	4:05	-1.1	7:04	6:30	
7	Thu	10:42	12.0	11:14	11.5	4:23	-0.6	4:57	-1.4	7:03	6:31	
8	Fri	11:35	12.1			5:17	-1.0	5:47	-1.4	7:01	6:33	
9	Sat	12:03	11.8	12:26	12.0	6:09	-1.3	6:34	-1.3	6:59	6:34	
10	Sun	12:50	11.9	1:16	11.7	6:59	-1.3	7:21	-0.9	6:57	6:35	
11	Mon	1:37	11.8	2:05	11.1	7:49	-1.1	8:07	-0.4	6:56	6:37	
12	Tue	2:23	11.4	2:54	10.5	8:38	-0.7	8:53	0.2	6:54	6:38	
13	Wed	3:11	11.0	3:46	9.8	9:28	-0.2	9:42	0.8	6:52	6:39	
14	Thu	4:01	10.5	4:41	9.3	10:21	0.4	10:34	1.4	6:50	6:40	
15	Fri	4:55	10.0	5:39	8.8	11:17	0.8	11:29	1.8	6:48	6:42	
16	Sat	5:54	9.6	6:39	8.6			12:16	1.2	6:47	6:43	
17	Sun	6:54	9.4	7:37	8.6	12:29	2.0	1:15	1.3	6:45	6:44	
18	Mon	7:52	9.5	8:31	8.7	1:28	2.0	2:11	1.2	6:43	6:45	
19	Tue	8:45	9.6	9:19	9.0	2:23	1.9	3:01	1.1	6:41	6:46	
20	Wed	9:33	9.8	10:03	9.3	3:13	1.6	3:45	0.9	6:39	6:48	
21	Thu	10:16	9.9	10:42	9.6	3:58	1.2	4:25	0.7	6:37	6:49	
22	Fri	10:56	10.1	11:16	9.9	4:39	0.9	5:02	0.6	6:36	6:50	
23	Sat	11:32	10.2	11:47	10.2	5:18	0.5	5:37	0.5	6:34	6:51	
24	Sun			12:06	10.2	5:56	0.3	6:12	0.4	6:32	6:53	
25	Mon	12:18	10.5	12:41	10.2	6:34	0.0	6:48	0.4	6:30	6:54	
26	Tue	12:52	10.7	1:19	10.2	7:13	-0.2	7:26	0.5	6:28	6:55	
27	Wed	1:30	10.9	2:02	10.1	7:56	-0.3	8:08	0.6	6:26	6:56	
28	Thu	2:14	10.9	2:50	9.9	8:43	-0.3	8:55	0.8	6:25	6:58	
29	Fri	3:03	10.9	3:43	9.7	9:36	-0.2	9:49	0.9	6:23	6:59	
30	Sat	3:58	10.8	4:45	9.5	10:34	-0.1	10:49	1.0	6:21	7:00	
31	Sun	5:01	10.7	5:54	9.5	11:38	0.0	11:56	1.0	6:19	7:01	