

Rockland, ME - Jul 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	9:38	9.5	9:52	10.9	3:23	0.0	3:30	1.0	4:56	8:23	
2	Tue	10:29	9.5	10:39	10.9	4:15	-0.1	4:20	1.1	4:57	8:23	
3	Wed	11:17	9.4	11:24	10.7	5:02	0.0	5:05	1.2	4:57	8:23	
4	Thu			12:00	9.4	5:45	0.0	5:46	1.3	4:58	8:22	
5	Fri	12:04	10.6	12:41	9.3	6:24	0.1	6:25	1.4	4:59	8:22	
6	Sat	12:41	10.4	1:18	9.2	7:01	0.2	7:03	1.4	4:59	8:22	
7	Sun	1:15	10.3	1:53	9.2	7:36	0.4	7:40	1.5	5:00	8:21	
8	Mon	1:48	10.1	2:25	9.2	8:12	0.5	8:19	1.5	5:01	8:21	
9	Tue	2:22	9.8	2:58	9.2	8:47	0.7	9:00	1.5	5:02	8:21	
10	Wed	3:00	9.6	3:34	9.3	9:25	0.8	9:45	1.5	5:02	8:20	
11	Thu	3:43	9.4	4:15	9.4	10:06	1.0	10:33	1.5	5:03	8:20	
12	Fri	4:31	9.1	5:01	9.6	10:50	1.2	11:26	1.4	5:04	8:19	
13	Sat	5:24	9.0	5:52	9.8	11:39	1.3			5:05	8:18	
14	Sun	6:23	8.9	6:47	10.1	12:22	1.1	12:33	1.3	5:06	8:18	
15	Mon	7:25	9.0	7:44	10.5	1:21	0.8	1:29	1.2	5:06	8:17	
16	Tue	8:28	9.2	8:42	11.1	2:20	0.3	2:27	0.9	5:07	8:16	
17	Wed	9:28	9.6	9:39	11.6	3:17	-0.3	3:24	0.6	5:08	8:16	
18	Thu	10:25	10.1	10:35	12.1	4:12	-0.9	4:20	0.1	5:09	8:15	
19	Fri	11:19	10.6	11:30	12.4	5:06	-1.4	5:15	-0.3	5:10	8:14	
20	Sat			12:12	11.0	5:58	-1.7	6:09	-0.7	5:11	8:13	
21	Sun	12:24	12.6	1:04	11.4	6:49	-1.9	7:04	-0.9	5:12	8:12	
22	Mon	1:18	12.5	1:56	11.6	7:40	-1.8	8:00	-0.9	5:13	8:12	
23	Tue	2:14	12.1	2:50	11.6	8:31	-1.5	8:56	-0.8	5:14	8:11	
24	Wed	3:11	11.6	3:45	11.5	9:24	-1.1	9:55	-0.5	5:15	8:10	
25	Thu	4:10	10.9	4:42	11.3	10:18	-0.5	10:56	-0.2	5:16	8:09	
26	Fri	5:12	10.3	5:41	11.0	11:15	0.1	11:59	0.1	5:17	8:08	
27	Sat	6:16	9.8	6:41	10.8			12:15	0.6	5:18	8:07	
28	Sun	7:19	9.4	7:41	10.6	1:03	0.3	1:15	1.0	5:19	8:05	
29	Mon	8:20	9.2	8:37	10.5	2:04	0.4	2:13	1.2	5:20	8:04	
30	Tue	9:15	9.2	9:29	10.5	3:01	0.4	3:08	1.3	5:21	8:03	
31	Wed	10:06	9.2	10:17	10.5	3:52	0.3	3:58	1.3	5:22	8:02	