

Rockland, ME - Jan 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:44	11.1	12:55	12.2	6:45	-0.5	7:21	-1.6	7:11	4:08	
2	Thu	1:36	11.2	1:50	11.8	7:40	-0.5	8:13	-1.3	7:11	4:09	
3	Fri	2:31	11.3	2:50	11.3	8:39	-0.4	9:08	-0.9	7:11	4:10	
4	Sat	3:30	11.2	3:54	10.8	9:41	-0.2	10:06	-0.5	7:11	4:11	
5	Sun	4:31	11.2	5:01	10.3	10:46	-0.1	11:06	0.0	7:11	4:12	
6	Mon	5:34	11.1	6:09	9.9	11:52	0.0			7:11	4:13	
7	Tue	6:36	11.1	7:13	9.8	12:08	0.3	12:56	-0.1	7:11	4:14	
8	Wed	7:35	11.1	8:13	9.7	1:09	0.6	1:57	-0.2	7:10	4:15	
9	Thu	8:30	11.1	9:07	9.7	2:07	0.7	2:53	-0.2	7:10	4:16	
10	Fri	9:21	11.1	9:57	9.7	3:00	0.8	3:43	-0.3	7:10	4:17	
11	Sat	10:08	11.0	10:43	9.7	3:49	0.9	4:28	-0.2	7:10	4:18	
12	Sun	10:51	10.9	11:25	9.6	4:33	0.9	5:10	-0.2	7:09	4:19	
13	Mon	11:30	10.7			5:14	1.0	5:48	0.0	7:09	4:20	
14	Tue	12:04	9.6	12:07	10.5	5:52	1.1	6:23	0.2	7:08	4:21	
15	Wed	12:40	9.5	12:40	10.2	6:29	1.2	6:58	0.4	7:08	4:23	
16	Thu	1:13	9.4	1:12	10.0	7:07	1.3	7:33	0.6	7:07	4:24	
17	Fri	1:45	9.4	1:48	9.7	7:46	1.4	8:10	0.8	7:07	4:25	
18	Sat	2:19	9.4	2:28	9.4	8:29	1.4	8:49	1.1	7:06	4:26	
19	Sun	2:58	9.4	3:13	9.1	9:15	1.5	9:32	1.3	7:06	4:28	
20	Mon	3:42	9.4	4:05	8.8	10:06	1.5	10:20	1.5	7:05	4:29	
21	Tue	4:32	9.5	5:02	8.7	11:02	1.4	11:13	1.6	7:04	4:30	
22	Wed	5:26	9.8	6:04	8.7			12:01	1.1	7:03	4:32	
23	Thu	6:24	10.1	7:08	8.9	12:09	1.5	1:00	0.7	7:03	4:33	
24	Fri	7:22	10.6	8:08	9.3	1:07	1.3	1:56	0.2	7:02	4:34	
25	Sat	8:19	11.1	9:03	9.9	2:03	0.9	2:50	-0.5	7:01	4:36	
26	Sun	9:13	11.7	9:55	10.4	2:58	0.4	3:42	-1.1	7:00	4:37	
27	Mon	10:06	12.2	10:45	11.0	3:51	-0.2	4:32	-1.5	6:59	4:38	
28	Tue	10:57	12.5	11:35	11.4	4:44	-0.7	5:21	-1.8	6:58	4:40	
29	Wed	11:49	12.6			5:36	-1.0	6:11	-1.9	6:57	4:41	
30	Thu	12:25	11.7	12:42	12.4	6:30	-1.2	7:00	-1.7	6:56	4:42	
31	Fri	1:16	11.9	1:37	11.9	7:24	-1.1	7:52	-1.4	6:55	4:44	