

Rockland, ME - Mar 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:53	12.3	2:22	11.7	8:07	-1.6	8:29	-1.1	7:13	6:23	
2	Sun	2:45	12.0	3:18	11.1	9:02	-1.2	9:21	-0.5	7:12	6:25	
3	Mon	3:40	11.6	4:17	10.4	9:59	-0.7	10:17	0.2	7:10	6:26	
4	Tue	4:39	11.1	5:20	9.8	11:00	-0.2	11:17	0.8	7:08	6:27	
5	Wed	5:42	10.7	6:25	9.4			12:04	0.2	7:07	6:29	
6	Thu	6:46	10.3	7:28	9.2	12:20	1.2	1:08	0.5	7:05	6:30	
7	Fri	7:47	10.2	8:26	9.2	1:24	1.4	2:09	0.6	7:03	6:31	
8	Sat	8:44	10.2	9:19	9.3	2:24	1.4	3:04	0.6	7:01	6:32	
9	Sun	9:36	10.2	10:07	9.5	3:18	1.3	3:53	0.6	7:00	6:34	
10	Mon	10:22	10.2	10:50	9.7	4:05	1.1	4:36	0.5	6:58	6:35	
11	Tue	11:05	10.3	11:29	9.8	4:48	0.9	5:14	0.5	6:56	6:36	
12	Wed	11:43	10.2			5:26	0.8	5:49	0.5	6:54	6:37	
13	Thu	12:03	9.9	12:17	10.1	6:02	0.7	6:21	0.6	6:52	6:39	
14	Fri	12:34	10.0	12:49	10.0	6:37	0.6	6:53	0.7	6:51	6:40	
15	Sat	1:00	10.0	1:18	9.8	7:12	0.5	7:25	0.8	6:49	6:41	
16	Sun	1:29	10.1	1:51	9.7	7:48	0.5	8:00	1.0	6:47	6:42	
17	Mon	2:02	10.1	2:29	9.5	8:26	0.5	8:37	1.2	6:45	6:44	
18	Tue	2:42	10.1	3:12	9.3	9:09	0.6	9:20	1.3	6:43	6:45	
19	Wed	3:27	10.1	4:02	9.1	9:58	0.7	10:10	1.4	6:41	6:46	
20	Thu	4:18	10.1	4:59	9.0	10:53	0.7	11:07	1.5	6:40	6:47	
21	Fri	5:17	10.2	6:03	9.1	11:54	0.6			6:38	6:49	
22	Sat	6:21	10.3	7:11	9.4	12:10	1.3	12:58	0.3	6:36	6:50	
23	Sun	7:29	10.7	8:16	10.0	1:16	1.0	2:00	-0.1	6:34	6:51	
24	Mon	8:36	11.1	9:16	10.7	2:20	0.4	2:59	-0.6	6:32	6:52	
25	Tue	9:37	11.5	10:10	11.4	3:20	-0.3	3:54	-1.0	6:30	6:54	
26	Wed	10:34	11.9	11:02	11.9	4:17	-1.0	4:46	-1.3	6:29	6:55	
27	Thu	11:28	12.1	11:52	12.3	5:12	-1.5	5:36	-1.4	6:27	6:56	
28	Fri			12:21	12.0	6:05	-1.8	6:26	-1.3	6:25	6:57	
29	Sat	12:41	12.5	1:13	11.8	6:57	-1.9	7:15	-1.0	6:23	6:58	
30	Sun	1:31	12.3	2:06	11.3	7:49	-1.7	8:05	-0.6	6:21	7:00	
31	Mon	2:22	12.0	3:00	10.7	8:42	-1.2	8:57	0.0	6:20	7:01	