

Rockland, ME - Jul 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:50	9.1	5:27	9.3	11:06	1.2	11:38	1.7	4:56	8:23	
2	Wed	5:43	8.8	6:14	9.4	11:54	1.5			4:57	8:23	
3	Thu	6:39	8.7	7:04	9.5	12:32	1.6	12:43	1.6	4:57	8:23	
4	Fri	7:36	8.6	7:53	9.8	1:27	1.3	1:34	1.6	4:58	8:22	
5	Sat	8:32	8.8	8:42	10.1	2:20	1.0	2:24	1.5	4:59	8:22	
6	Sun	9:23	9.0	9:29	10.6	3:11	0.6	3:14	1.3	4:59	8:22	
7	Mon	10:11	9.3	10:16	11.0	3:59	0.1	4:02	1.0	5:00	8:21	
8	Tue	10:58	9.7	11:02	11.4	4:46	-0.3	4:50	0.7	5:01	8:21	
9	Wed	11:44	10.1	11:49	11.7	5:32	-0.8	5:38	0.3	5:01	8:21	
10	Thu			12:30	10.5	6:19	-1.1	6:27	0.0	5:02	8:20	
11	Fri	12:38	11.9	1:17	10.8	7:06	-1.3	7:18	-0.3	5:03	8:20	
12	Sat	1:28	11.9	2:07	11.1	7:54	-1.4	8:11	-0.4	5:04	8:19	
13	Sun	2:21	11.8	2:59	11.2	8:44	-1.3	9:08	-0.4	5:05	8:19	
14	Mon	3:17	11.4	3:54	11.3	9:36	-1.0	10:07	-0.4	5:05	8:18	
15	Tue	4:17	10.9	4:53	11.3	10:32	-0.6	11:09	-0.3	5:06	8:17	
16	Wed	5:23	10.5	5:55	11.3	11:30	-0.2			5:07	8:17	
17	Thu	6:31	10.1	6:59	11.3	12:14	-0.2	12:31	0.2	5:08	8:16	
18	Fri	7:38	9.9	8:00	11.3	1:20	-0.2	1:34	0.4	5:09	8:15	
19	Sat	8:41	9.8	8:59	11.3	2:23	-0.3	2:34	0.6	5:10	8:14	
20	Sun	9:39	9.8	9:54	11.3	3:22	-0.4	3:32	0.6	5:11	8:14	
21	Mon	10:32	9.9	10:45	11.3	4:17	-0.4	4:24	0.7	5:12	8:13	
22	Tue	11:21	9.9	11:31	11.1	5:06	-0.4	5:13	0.7	5:13	8:12	
23	Wed			12:06	9.9	5:51	-0.3	5:57	0.8	5:14	8:11	
24	Thu	12:15	10.9	12:48	9.8	6:32	-0.2	6:38	0.9	5:15	8:10	
25	Fri	12:54	10.7	1:27	9.7	7:10	0.0	7:17	1.0	5:16	8:09	
26	Sat	1:31	10.4	2:03	9.6	7:46	0.3	7:56	1.1	5:17	8:08	
27	Sun	2:06	10.0	2:36	9.5	8:22	0.5	8:36	1.2	5:18	8:07	
28	Mon	2:41	9.7	3:10	9.5	8:58	0.8	9:17	1.3	5:19	8:06	
29	Tue	3:19	9.4	3:47	9.4	9:37	1.1	10:02	1.4	5:20	8:05	
30	Wed	4:02	9.1	4:29	9.4	10:19	1.4	10:52	1.5	5:21	8:03	
31	Thu	4:51	8.8	5:16	9.4	11:05	1.6	11:45	1.5	5:22	8:02	