

Rockland, ME - Aug 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	5:46	8.6	6:09	9.6	11:56	1.7			5:23	8:01	
2	Sat	6:46	8.6	7:04	9.8	12:42	1.3	12:50	1.7	5:24	8:00	
3	Sun	7:47	8.7	8:01	10.2	1:39	1.0	1:46	1.5	5:25	7:59	
4	Mon	8:46	9.0	8:56	10.7	2:35	0.6	2:41	1.2	5:27	7:57	
5	Tue	9:39	9.5	9:49	11.2	3:28	0.0	3:34	0.7	5:28	7:56	
6	Wed	10:30	10.1	10:40	11.7	4:18	-0.5	4:27	0.2	5:29	7:55	
7	Thu	11:18	10.6	11:31	12.1	5:07	-1.0	5:18	-0.3	5:30	7:53	
8	Fri			12:07	11.1	5:55	-1.4	6:09	-0.8	5:31	7:52	
9	Sat	12:22	12.3	12:55	11.5	6:43	-1.6	7:01	-1.1	5:32	7:51	
10	Sun	1:13	12.2	1:45	11.8	7:31	-1.6	7:55	-1.2	5:33	7:49	
11	Mon	2:07	11.9	2:37	11.8	8:22	-1.3	8:51	-1.1	5:34	7:48	
12	Tue	3:03	11.5	3:32	11.7	9:14	-0.9	9:49	-0.9	5:36	7:46	
13	Wed	4:03	10.9	4:31	11.5	10:10	-0.4	10:51	-0.5	5:37	7:45	
14	Thu	5:08	10.3	5:35	11.2	11:10	0.1	11:56	-0.3	5:38	7:43	
15	Fri	6:16	9.9	6:40	11.0			12:13	0.5	5:39	7:42	
16	Sat	7:22	9.7	7:43	10.9	1:02	-0.1	1:17	0.8	5:40	7:40	
17	Sun	8:24	9.6	8:42	10.9	2:06	0.0	2:19	0.9	5:41	7:39	
18	Mon	9:20	9.7	9:37	10.9	3:05	0.0	3:17	0.9	5:42	7:37	
19	Tue	10:12	9.7	10:26	10.8	3:58	0.0	4:08	0.8	5:44	7:36	
20	Wed	10:59	9.8	11:12	10.7	4:45	0.0	4:54	0.8	5:45	7:34	
21	Thu	11:41	9.9	11:53	10.6	5:27	0.0	5:36	0.8	5:46	7:32	
22	Fri			12:20	9.9	6:04	0.2	6:14	0.8	5:47	7:31	
23	Sat	12:30	10.4	12:54	9.8	6:39	0.3	6:50	0.8	5:48	7:29	
24	Sun	1:04	10.2	1:25	9.8	7:12	0.5	7:26	0.8	5:49	7:27	
25	Mon	1:36	9.9	1:54	9.7	7:45	0.7	8:03	0.9	5:50	7:26	
26	Tue	2:07	9.6	2:24	9.7	8:19	1.0	8:41	1.0	5:52	7:24	
27	Wed	2:43	9.3	3:00	9.6	8:56	1.2	9:24	1.1	5:53	7:22	
28	Thu	3:25	9.1	3:43	9.6	9:37	1.5	10:11	1.2	5:54	7:21	
29	Fri	4:12	8.8	4:31	9.6	10:23	1.7	11:04	1.2	5:55	7:19	
30	Sat	5:06	8.7	5:25	9.6	11:15	1.8			5:56	7:17	
31	Sun	6:06	8.7	6:24	9.9	12:02	1.1	12:13	1.7	5:57	7:15	