

Rockland, ME - Nov 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:16	11.6	8:47	11.2	1:57	-0.6	2:31	-1.0	6:12	4:27	
2	Sun	9:09	12.1	9:43	11.4	2:51	-0.8	3:27	-1.5	6:13	4:26	
3	Mon	10:00	12.5	10:37	11.4	3:43	-0.9	4:20	-1.9	6:15	4:24	
4	Tue	10:50	12.6	11:30	11.3	4:34	-0.8	5:12	-2.0	6:16	4:23	
5	Wed	11:41	12.5			5:25	-0.6	6:04	-1.8	6:17	4:22	
6	Thu	12:22	11.0	12:32	12.2	6:16	-0.3	6:56	-1.5	6:19	4:20	
7	Fri	1:15	10.7	1:24	11.6	7:08	0.1	7:49	-1.0	6:20	4:19	
8	Sat	2:10	10.2	2:19	11.0	8:02	0.6	8:42	-0.4	6:21	4:18	
9	Sun	3:06	9.8	3:16	10.5	8:58	1.1	9:38	0.1	6:23	4:17	
10	Mon	4:03	9.6	4:16	9.9	9:57	1.4	10:34	0.5	6:24	4:16	
11	Tue	5:00	9.4	5:16	9.6	10:58	1.6	11:29	0.8	6:25	4:15	
12	Wed	5:55	9.4	6:13	9.4	11:57	1.6			6:27	4:13	
13	Thu	6:47	9.5	7:08	9.3	12:22	1.0	12:52	1.4	6:28	4:12	
14	Fri	7:35	9.7	7:58	9.3	1:12	1.1	1:43	1.2	6:29	4:11	
15	Sat	8:19	9.9	8:45	9.4	1:58	1.1	2:29	0.9	6:31	4:10	
16	Sun	9:00	10.1	9:28	9.4	2:40	1.1	3:12	0.6	6:32	4:09	
17	Mon	9:37	10.3	10:08	9.4	3:19	1.1	3:52	0.4	6:33	4:08	
18	Tue	10:11	10.4	10:45	9.4	3:57	1.1	4:30	0.2	6:35	4:08	
19	Wed	10:43	10.5	11:20	9.4	4:34	1.2	5:08	0.0	6:36	4:07	
20	Thu	11:16	10.6	11:55	9.5	5:10	1.2	5:46	-0.1	6:37	4:06	
21	Fri	11:53	10.7			5:49	1.2	6:25	-0.1	6:38	4:05	
22	Sat	12:33	9.5	12:34	10.7	6:30	1.2	7:08	-0.2	6:40	4:04	
23	Sun	1:15	9.5	1:20	10.7	7:15	1.1	7:54	-0.2	6:41	4:04	
24	Mon	2:03	9.6	2:11	10.6	8:06	1.1	8:44	-0.1	6:42	4:03	
25	Tue	2:56	9.8	3:07	10.5	9:03	1.0	9:39	-0.1	6:43	4:02	
26	Wed	3:54	10.0	4:09	10.3	10:04	0.9	10:37	0.0	6:45	4:02	
27	Thu	4:55	10.3	5:17	10.3	11:09	0.6	11:36	-0.1	6:46	4:01	
28	Fri	5:58	10.8	6:26	10.3			12:14	0.1	6:47	4:01	
29	Sat	6:59	11.2	7:32	10.5	12:36	-0.1	1:17	-0.4	6:48	4:00	
30	Sun	7:57	11.7	8:34	10.7	1:35	-0.2	2:17	-1.0	6:49	4:00	