

Rockland, ME - Dec 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:52	12.1	9:31	10.8	2:31	-0.3	3:14	-1.4	6:50	3:59	
2	Tue	9:45	12.3	10:25	10.9	3:25	-0.4	4:07	-1.6	6:52	3:59	
3	Wed	10:36	12.4	11:17	10.8	4:17	-0.3	4:59	-1.7	6:53	3:59	
4	Thu	11:26	12.2			5:08	-0.2	5:49	-1.5	6:54	3:58	
5	Fri	12:07	10.6	12:15	11.8	5:58	0.1	6:37	-1.2	6:55	3:58	
6	Sat	12:57	10.4	1:03	11.4	6:47	0.4	7:25	-0.7	6:56	3:58	
7	Sun	1:46	10.1	1:52	10.8	7:37	0.8	8:13	-0.2	6:57	3:58	
8	Mon	2:36	9.8	2:42	10.2	8:28	1.2	9:01	0.2	6:58	3:58	
9	Tue	3:26	9.5	3:34	9.7	9:20	1.5	9:50	0.7	6:59	3:58	
10	Wed	4:17	9.4	4:29	9.3	10:15	1.6	10:40	1.1	7:00	3:58	
11	Thu	5:09	9.3	5:26	9.0	11:11	1.7	11:31	1.3	7:01	3:58	
12	Fri	6:00	9.4	6:22	8.8			12:07	1.6	7:01	3:58	
13	Sat	6:49	9.5	7:16	8.8	12:21	1.5	1:01	1.4	7:02	3:58	
14	Sun	7:36	9.8	8:07	8.9	1:10	1.5	1:51	1.1	7:03	3:58	
15	Mon	8:19	10.0	8:54	9.0	1:57	1.5	2:37	0.8	7:04	3:58	
16	Tue	9:00	10.3	9:37	9.2	2:41	1.4	3:21	0.4	7:04	3:58	
17	Wed	9:38	10.5	10:17	9.3	3:23	1.3	4:03	0.1	7:05	3:59	
18	Thu	10:15	10.8	10:55	9.5	4:04	1.1	4:43	-0.2	7:06	3:59	
19	Fri	10:53	11.0	11:34	9.7	4:45	1.0	5:24	-0.4	7:06	3:59	
20	Sat	11:34	11.2			5:27	0.8	6:05	-0.6	7:07	4:00	
21	Sun	12:14	9.9	12:17	11.3	6:11	0.6	6:48	-0.7	7:08	4:00	
22	Mon	12:58	10.1	1:05	11.2	6:59	0.5	7:35	-0.7	7:08	4:01	
23	Tue	1:45	10.3	1:56	11.1	7:51	0.4	8:24	-0.6	7:09	4:01	
24	Wed	2:37	10.5	2:52	10.8	8:47	0.4	9:17	-0.4	7:09	4:02	
25	Thu	3:33	10.7	3:54	10.5	9:48	0.3	10:13	-0.2	7:09	4:02	
26	Fri	4:33	10.9	5:02	10.2	10:52	0.1	11:13	0.0	7:10	4:03	
27	Sat	5:37	11.1	6:12	10.0	11:58	-0.1			7:10	4:04	
28	Sun	6:40	11.3	7:20	10.1	12:15	0.1	1:03	-0.4	7:10	4:04	
29	Mon	7:41	11.6	8:22	10.2	1:16	0.2	2:05	-0.7	7:11	4:05	
30	Tue	8:39	11.8	9:20	10.3	2:15	0.2	3:02	-1.0	7:11	4:06	
31	Wed	9:33	12.0	10:14	10.5	3:11	0.1	3:56	-1.2	7:11	4:07	