

Rockland, ME - Apr 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			12:05	9.8	5:51	0.4	6:02	0.9	5:16	6:03	●
2	Fri	12:10	10.1	12:36	9.6	6:25	0.4	6:35	1.1	5:15	6:04	●
3	Sat	12:39	10.0	1:08	9.4	7:02	0.5	7:11	1.3	5:13	6:05	●
4	Sun	1:13	10.0	1:44	9.2	7:40	0.7	7:49	1.5	5:11	6:07	◐
5	Mon	1:52	9.9	2:27	9.0	8:23	0.8	8:33	1.7	5:09	6:08	◐
6	Tue	2:37	9.8	3:16	8.9	9:11	0.9	9:23	1.8	5:07	6:09	◐
7	Wed	3:28	9.7	4:11	8.9	10:04	0.9	10:19	1.7	5:06	6:10	◐
8	Thu	4:25	9.8	5:11	9.1	11:01	0.8	11:20	1.5	5:04	6:12	◐
9	Fri	5:27	10.0	6:13	9.5			12:00	0.5	5:02	6:13	◐
10	Sat	6:31	10.3	7:13	10.1	12:22	1.1	12:58	0.1	5:00	6:14	◐
11	Sun	7:33	10.7	8:08	10.8	1:22	0.4	1:53	-0.3	4:59	6:15	○
12	Mon	8:32	11.2	9:01	11.5	2:20	-0.3	2:46	-0.7	4:57	6:16	○
13	Tue	9:28	11.5	9:51	12.1	3:15	-1.0	3:38	-1.0	4:55	6:18	○
14	Wed	10:22	11.8	10:42	12.5	4:08	-1.6	4:28	-1.2	4:53	6:19	○
15	Thu	11:16	11.8	11:32	12.7	5:01	-2.0	5:19	-1.2	4:52	6:20	○
16	Fri			12:10	11.7	5:54	-2.1	6:10	-1.0	4:50	6:21	○
17	Sat	12:24	12.6	1:05	11.4	6:47	-2.0	7:03	-0.6	4:48	6:22	○
18	Sun	1:19	12.3	2:02	10.9	7:43	-1.6	7:59	-0.2	4:47	6:24	○
19	Mon	2:16	11.8	3:02	10.5	8:40	-1.1	8:58	0.3	4:45	6:25	○
20	Tue	3:17	11.2	4:04	10.1	9:40	-0.6	10:00	0.7	4:43	6:26	○
21	Wed	4:21	10.7	5:06	9.9	10:42	-0.1	11:05	1.0	4:42	6:27	◐
22	Thu	5:25	10.3	6:06	9.8	11:43	0.2			4:40	6:29	◐
23	Fri	6:26	10.1	7:02	9.9	12:08	1.1	12:41	0.5	4:39	6:30	◐
24	Sat	7:23	9.9	7:54	10.0	1:08	1.0	1:34	0.6	4:37	6:31	◐
25	Sun	9:16	9.9	9:41	10.1	3:01	0.9	3:23	0.7	5:35	7:32	◐
26	Mon	10:04	9.8	10:24	10.2	3:49	0.7	4:06	0.8	5:34	7:33	◐
27	Tue	10:48	9.8	11:03	10.3	4:32	0.5	4:45	0.9	5:32	7:35	◐
28	Wed	11:28	9.7	11:38	10.3	5:12	0.4	5:22	1.0	5:31	7:36	◐
29	Thu			12:06	9.6	5:49	0.3	5:57	1.1	5:29	7:37	●
30	Fri	12:09	10.3	12:40	9.5	6:25	0.3	6:31	1.2	5:28	7:38	●