

Rockland, ME - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:38	10.3	1:12	9.4	7:00	0.3	7:05	1.3	5:27	7:39	
2	Sun	1:09	10.2	1:45	9.3	7:37	0.3	7:42	1.4	5:25	7:41	
3	Mon	1:44	10.2	2:21	9.2	8:16	0.4	8:22	1.5	5:24	7:42	
4	Tue	2:24	10.2	3:04	9.2	8:58	0.4	9:07	1.6	5:22	7:43	
5	Wed	3:10	10.1	3:52	9.2	9:44	0.4	9:57	1.6	5:21	7:44	
6	Thu	4:01	10.1	4:45	9.3	10:35	0.4	10:53	1.4	5:20	7:45	
7	Fri	4:57	10.1	5:43	9.6	11:30	0.4	11:54	1.1	5:18	7:46	
8	Sat	5:59	10.1	6:43	10.1			12:28	0.2	5:17	7:48	
9	Sun	7:04	10.3	7:43	10.6	12:57	0.7	1:26	0.0	5:16	7:49	
10	Mon	8:09	10.6	8:41	11.3	1:59	0.1	2:23	-0.3	5:15	7:50	
11	Tue	9:12	10.9	9:36	11.9	2:59	-0.6	3:19	-0.6	5:13	7:51	
12	Wed	10:11	11.2	10:30	12.3	3:56	-1.2	4:13	-0.8	5:12	7:52	
13	Thu	11:07	11.3	11:22	12.6	4:51	-1.7	5:06	-0.8	5:11	7:53	
14	Fri			12:02	11.4	5:45	-2.0	5:59	-0.8	5:10	7:54	
15	Sat	12:15	12.7	12:57	11.3	6:39	-2.1	6:52	-0.6	5:09	7:56	
16	Sun	1:08	12.5	1:51	11.0	7:32	-1.9	7:45	-0.3	5:08	7:57	
17	Mon	2:01	12.1	2:46	10.7	8:25	-1.5	8:40	0.1	5:07	7:58	
18	Tue	2:57	11.6	3:42	10.4	9:20	-1.0	9:37	0.5	5:06	7:59	
19	Wed	3:54	11.0	4:39	10.1	10:15	-0.5	10:35	0.9	5:05	8:00	
20	Thu	4:53	10.5	5:37	9.9	11:11	0.0	11:36	1.1	5:04	8:01	
21	Fri	5:53	10.0	6:33	9.8			12:07	0.4	5:03	8:02	
22	Sat	6:52	9.6	7:26	9.8	12:36	1.2	1:01	0.7	5:02	8:03	
23	Sun	7:48	9.4	8:17	9.9	1:33	1.2	1:53	1.0	5:01	8:04	
24	Mon	8:41	9.3	9:03	10.0	2:26	1.1	2:41	1.1	5:00	8:05	
25	Tue	9:30	9.3	9:47	10.1	3:15	0.9	3:26	1.2	5:00	8:06	
26	Wed	10:16	9.3	10:27	10.2	4:00	0.7	4:07	1.2	4:59	8:07	
27	Thu	10:59	9.3	11:04	10.3	4:42	0.5	4:47	1.2	4:58	8:08	
28	Fri	11:38	9.3	11:38	10.4	5:21	0.3	5:24	1.3	4:58	8:09	
29	Sat			12:15	9.3	5:59	0.2	6:01	1.3	4:57	8:10	
30	Sun	12:10	10.5	12:49	9.3	6:36	0.1	6:38	1.3	4:56	8:10	
31	Mon	12:43	10.5	1:23	9.4	7:14	0.0	7:17	1.3	4:56	8:11	