

Rockland, ME - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:00	10.2	5:24	11.2	11:02	0.2	11:50	-0.4	5:59	7:12	
2	Thu	6:11	10.0	6:33	11.1			12:08	0.5	6:01	7:10	
3	Fri	7:19	9.9	7:41	11.0	12:57	-0.3	1:15	0.6	6:02	7:09	
4	Sat	8:22	10.0	8:42	11.1	2:02	-0.3	2:20	0.5	6:03	7:07	
5	Sun	9:20	10.2	9:39	11.2	3:02	-0.3	3:19	0.4	6:04	7:05	
6	Mon	10:12	10.4	10:30	11.1	3:56	-0.4	4:12	0.2	6:05	7:03	
7	Tue	11:00	10.5	11:17	11.0	4:44	-0.4	5:01	0.1	6:06	7:01	
8	Wed	11:44	10.5			5:28	-0.3	5:44	0.1	6:07	6:59	
9	Thu	12:01	10.8	12:24	10.5	6:08	-0.1	6:25	0.2	6:09	6:58	
10	Fri	12:41	10.5	1:00	10.3	6:45	0.2	7:03	0.3	6:10	6:56	
11	Sat	1:18	10.2	1:33	10.1	7:20	0.5	7:40	0.5	6:11	6:54	
12	Sun	1:53	9.8	2:05	9.9	7:55	0.9	8:18	0.7	6:12	6:52	
13	Mon	2:28	9.5	2:37	9.8	8:31	1.2	8:59	0.9	6:13	6:50	
14	Tue	3:05	9.1	3:15	9.6	9:11	1.5	9:43	1.1	6:14	6:48	
15	Wed	3:48	8.8	4:00	9.4	9:55	1.8	10:32	1.3	6:15	6:47	
16	Thu	4:37	8.6	4:50	9.3	10:44	2.0	11:26	1.4	6:17	6:45	
17	Fri	5:34	8.5	5:47	9.3	11:39	2.0			6:18	6:43	
18	Sat	6:36	8.6	6:47	9.5	12:23	1.3	12:37	1.9	6:19	6:41	
19	Sun	7:35	8.9	7:47	9.9	1:20	1.0	1:35	1.6	6:20	6:39	
20	Mon	8:29	9.4	8:42	10.3	2:14	0.7	2:30	1.1	6:21	6:37	
21	Tue	9:18	10.0	9:34	10.8	3:05	0.2	3:22	0.4	6:22	6:35	
22	Wed	10:05	10.6	10:24	11.3	3:53	-0.3	4:12	-0.3	6:23	6:34	
23	Thu	10:50	11.3	11:13	11.6	4:39	-0.7	5:01	-0.9	6:25	6:32	
24	Fri	11:36	11.8			5:25	-1.0	5:51	-1.4	6:26	6:30	
25	Sat	12:02	11.8	12:23	12.2	6:12	-1.2	6:41	-1.7	6:27	6:28	
26	Sun	12:53	11.8	1:12	12.3	7:01	-1.1	7:33	-1.8	6:28	6:26	
27	Mon	1:46	11.5	2:04	12.3	7:52	-0.9	8:28	-1.6	6:29	6:24	
28	Tue	2:42	11.1	3:00	12.0	8:46	-0.5	9:26	-1.3	6:30	6:22	
29	Wed	3:43	10.7	4:01	11.6	9:44	0.0	10:28	-0.8	6:32	6:21	
30	Thu	4:49	10.3	5:09	11.2	10:47	0.4	11:33	-0.5	6:33	6:19	