

Rockland, ME - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:00	10.1	7:24	9.4	12:30	0.8	1:12	0.9	6:51	3:59	
2	Thu	7:48	10.2	8:12	9.4	1:24	1.0	2:00	0.8	6:52	3:59	
3	Fri	8:30	10.3	9:00	9.3	2:12	1.1	2:48	0.6	6:53	3:58	
4	Sat	9:12	10.3	9:48	9.3	2:54	1.2	3:30	0.4	6:55	3:58	
5	Sun	9:54	10.4	10:30	9.3	3:36	1.2	4:12	0.3	6:56	3:58	
6	Mon	10:30	10.4	11:06	9.3	4:12	1.3	4:48	0.2	6:57	3:58	
7	Tue	11:00	10.4	11:42	9.3	4:48	1.3	5:24	0.2	6:58	3:58	
8	Wed	11:30	10.4			5:24	1.3	6:00	0.1	6:58	3:58	
9	Thu	12:12	9.3	12:06	10.4	6:00	1.4	6:36	0.1	6:59	3:58	
10	Fri	12:48	9.3	12:42	10.4	6:42	1.4	7:18	0.1	7:00	3:58	
11	Sat	1:24	9.4	1:24	10.3	7:24	1.3	8:00	0.2	7:01	3:58	
12	Sun	2:06	9.5	2:12	10.2	8:12	1.3	8:42	0.2	7:02	3:58	
13	Mon	2:54	9.7	3:06	10.1	9:06	1.2	9:36	0.2	7:03	3:58	
14	Tue	3:48	10.0	4:00	10.0	10:00	1.0	10:30	0.3	7:04	3:58	
15	Wed	4:42	10.3	5:06	9.9	11:06	0.6	11:24	0.2	7:04	3:58	
16	Thu	5:42	10.7	6:12	10.0			12:06	0.2	7:05	3:59	
17	Fri	6:42	11.2	7:18	10.2	12:24	0.1	1:12	-0.4	7:06	3:59	
18	Sat	7:42	11.7	8:24	10.5	1:24	0.0	2:12	-0.9	7:06	3:59	
19	Sun	8:42	12.2	9:24	10.8	2:24	-0.3	3:06	-1.5	7:07	4:00	
20	Mon	9:36	12.5	10:18	11.0	3:18	-0.4	4:00	-1.8	7:07	4:00	
21	Tue	10:30	12.7	11:12	11.1	4:12	-0.6	4:54	-2.0	7:08	4:01	
22	Wed	11:24	12.6			5:06	-0.6	5:48	-1.9	7:08	4:01	
23	Thu	12:06	11.1	12:18	12.3	6:00	-0.5	6:42	-1.7	7:09	4:02	
24	Fri	1:00	11.0	1:06	11.9	6:54	-0.2	7:30	-1.2	7:09	4:02	
25	Sat	1:48	10.7	2:00	11.3	7:48	0.1	8:18	-0.7	7:10	4:03	
26	Sun	2:42	10.5	2:54	10.6	8:42	0.5	9:12	-0.1	7:10	4:04	
27	Mon	3:36	10.2	3:54	10.0	9:36	0.9	10:00	0.4	7:10	4:04	
28	Tue	4:30	10.0	4:48	9.5	10:36	1.1	10:54	0.9	7:10	4:05	
29	Wed	5:24	9.8	5:48	9.1	11:30	1.3	11:48	1.2	7:11	4:06	
30	Thu	6:18	9.8	6:48	8.9			12:30	1.2	7:11	4:07	
31	Fri	7:06	9.8	7:42	8.9	12:42	1.5	1:24	1.1	7:11	4:07	