

Rockland, ME - Jun 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:30	10.3	8:57	11.1	2:14	0.0	2:34	0.0	4:56	8:12	
2	Fri	9:26	10.2	9:47	11.1	3:11	-0.1	3:26	0.2	4:55	8:13	
3	Sat	10:18	10.1	10:34	11.1	4:03	-0.2	4:15	0.4	4:55	8:13	
4	Sun	11:06	10.0	11:18	11.0	4:51	-0.3	4:59	0.7	4:54	8:14	
5	Mon	11:51	9.8	11:59	10.8	5:35	-0.2	5:41	0.9	4:54	8:15	
6	Tue			12:33	9.6	6:16	-0.1	6:20	1.1	4:53	8:16	
7	Wed	12:36	10.6	1:13	9.4	6:54	0.0	6:58	1.3	4:53	8:16	
8	Thu	1:10	10.4	1:50	9.3	7:31	0.2	7:35	1.5	4:53	8:17	
9	Fri	1:43	10.2	2:26	9.1	8:09	0.4	8:14	1.6	4:53	8:18	
10	Sat	2:18	10.0	3:02	9.1	8:48	0.5	8:56	1.7	4:52	8:18	
11	Sun	2:56	9.8	3:40	9.0	9:28	0.7	9:41	1.8	4:52	8:19	
12	Mon	3:39	9.6	4:23	9.1	10:11	0.8	10:29	1.8	4:52	8:19	
13	Tue	4:27	9.4	5:10	9.2	10:57	0.9	11:22	1.7	4:52	8:20	
14	Wed	5:20	9.3	6:00	9.5	11:46	0.9			4:52	8:20	
15	Thu	6:16	9.3	6:51	9.9	12:17	1.4	12:37	0.9	4:52	8:21	
16	Fri	7:15	9.4	7:44	10.3	1:13	1.0	1:29	0.8	4:52	8:21	
17	Sat	8:14	9.7	8:36	10.9	2:09	0.5	2:22	0.5	4:52	8:22	
18	Sun	9:11	10.0	9:29	11.4	3:04	-0.1	3:15	0.2	4:52	8:22	
19	Mon	10:07	10.3	10:21	12.0	3:57	-0.8	4:08	-0.1	4:52	8:22	
20	Tue	11:02	10.7	11:13	12.4	4:50	-1.3	5:00	-0.3	4:52	8:22	
21	Wed	11:56	11.0			5:43	-1.8	5:54	-0.5	4:53	8:23	
22	Thu	12:07	12.6	12:50	11.2	6:35	-2.0	6:48	-0.7	4:53	8:23	
23	Fri	1:01	12.7	1:45	11.3	7:28	-2.0	7:43	-0.6	4:53	8:23	
24	Sat	1:57	12.5	2:42	11.3	8:22	-1.9	8:41	-0.5	4:53	8:23	
25	Sun	2:55	12.1	3:40	11.2	9:18	-1.6	9:41	-0.3	4:54	8:23	
26	Mon	3:56	11.6	4:39	11.1	10:15	-1.1	10:43	-0.1	4:54	8:23	
27	Tue	4:59	11.0	5:39	11.0	11:13	-0.7	11:46	0.1	4:54	8:23	
28	Wed	6:03	10.5	6:39	10.9			12:12	-0.2	4:55	8:23	
29	Thu	7:06	10.1	7:36	10.9	12:50	0.2	1:10	0.2	4:55	8:23	
30	Fri	8:06	9.9	8:31	10.8	1:51	0.2	2:07	0.5	4:56	8:23	