

Rockland, ME - Jul 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:03	9.7	9:22	10.8	2:49	0.2	3:00	0.7	4:56	8:23	
2	Sun	9:55	9.6	10:10	10.8	3:41	0.1	3:49	0.9	4:57	8:23	
3	Mon	10:43	9.5	10:54	10.7	4:29	0.1	4:34	1.1	4:57	8:23	
4	Tue	11:28	9.5	11:35	10.6	5:12	0.1	5:16	1.2	4:58	8:22	
5	Wed			12:09	9.4	5:52	0.1	5:55	1.2	4:59	8:22	
6	Thu	12:12	10.5	12:48	9.3	6:30	0.2	6:32	1.3	4:59	8:22	
7	Fri	12:46	10.4	1:23	9.3	7:06	0.2	7:09	1.4	5:00	8:21	
8	Sat	1:17	10.2	1:55	9.3	7:41	0.3	7:46	1.4	5:01	8:21	
9	Sun	1:49	10.1	2:27	9.3	8:17	0.4	8:25	1.4	5:02	8:21	
10	Mon	2:25	9.9	3:02	9.4	8:54	0.5	9:07	1.5	5:02	8:20	
11	Tue	3:06	9.8	3:41	9.5	9:34	0.6	9:53	1.4	5:03	8:20	
12	Wed	3:52	9.6	4:26	9.6	10:17	0.7	10:44	1.3	5:04	8:19	
13	Thu	4:43	9.5	5:16	9.9	11:05	0.8	11:39	1.1	5:05	8:18	
14	Fri	5:38	9.4	6:10	10.2	11:57	0.8			5:06	8:18	
15	Sat	6:39	9.4	7:07	10.6	12:38	0.7	12:53	0.7	5:06	8:17	
16	Sun	7:43	9.6	8:06	11.1	1:38	0.3	1:50	0.5	5:07	8:16	
17	Mon	8:46	9.9	9:04	11.6	2:37	-0.3	2:49	0.2	5:08	8:16	
18	Tue	9:47	10.3	10:02	12.1	3:35	-0.9	3:46	-0.1	5:09	8:15	
19	Wed	10:45	10.8	10:58	12.5	4:31	-1.4	4:42	-0.5	5:10	8:14	
20	Thu	11:40	11.2	11:54	12.7	5:25	-1.8	5:38	-0.8	5:11	8:13	
21	Fri			12:34	11.4	6:18	-2.1	6:33	-1.0	5:12	8:12	
22	Sat	12:48	12.7	1:28	11.6	7:11	-2.1	7:28	-1.0	5:13	8:12	
23	Sun	1:43	12.5	2:22	11.6	8:03	-1.8	8:24	-0.8	5:14	8:11	
24	Mon	2:39	12.0	3:16	11.4	8:56	-1.4	9:21	-0.6	5:15	8:10	
25	Tue	3:37	11.4	4:13	11.2	9:50	-0.9	10:20	-0.2	5:16	8:09	
26	Wed	4:36	10.8	5:10	10.9	10:45	-0.3	11:20	0.1	5:17	8:08	
27	Thu	5:38	10.2	6:08	10.7	11:42	0.2			5:18	8:07	
28	Fri	6:39	9.7	7:06	10.5	12:22	0.4	12:39	0.7	5:19	8:05	
29	Sat	7:39	9.4	8:02	10.4	1:23	0.5	1:37	1.0	5:20	8:04	
30	Sun	8:36	9.3	8:54	10.4	2:20	0.6	2:31	1.2	5:21	8:03	
31	Mon	9:28	9.3	9:43	10.4	3:14	0.5	3:22	1.3	5:22	8:02	