

Rockland, ME - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:17	9.3	10:28	10.4	4:02	0.4	4:08	1.3	5:24	8:01	
2	Wed	11:01	9.4	11:09	10.4	4:45	0.4	4:50	1.2	5:25	8:00	
3	Thu	11:41	9.4	11:47	10.4	5:25	0.3	5:29	1.2	5:26	7:58	
4	Fri			12:18	9.5	6:02	0.3	6:06	1.1	5:27	7:57	
5	Sat	12:21	10.4	12:51	9.5	6:37	0.3	6:42	1.1	5:28	7:56	
6	Sun	12:52	10.3	1:21	9.6	7:11	0.3	7:19	1.0	5:29	7:54	
7	Mon	1:23	10.2	1:51	9.7	7:45	0.4	7:57	1.0	5:30	7:53	
8	Tue	1:58	10.1	2:25	9.8	8:21	0.4	8:37	0.9	5:31	7:52	
9	Wed	2:38	10.0	3:05	9.9	8:59	0.5	9:22	0.9	5:33	7:50	
10	Thu	3:23	9.8	3:50	10.1	9:43	0.7	10:12	0.8	5:34	7:49	
11	Fri	4:14	9.6	4:41	10.2	10:31	0.8	11:08	0.7	5:35	7:47	
12	Sat	5:11	9.5	5:38	10.4	11:26	0.8			5:36	7:46	
13	Sun	6:14	9.5	6:39	10.7	12:09	0.4	12:25	0.8	5:37	7:44	
14	Mon	7:22	9.6	7:44	11.1	1:13	0.1	1:28	0.6	5:38	7:43	
15	Tue	8:29	10.0	8:48	11.6	2:16	-0.4	2:30	0.2	5:39	7:41	
16	Wed	9:32	10.5	9:49	12.0	3:16	-0.9	3:30	-0.2	5:40	7:40	
17	Thu	10:30	11.0	10:47	12.4	4:14	-1.4	4:28	-0.6	5:42	7:38	
18	Fri	11:24	11.4	11:42	12.6	5:08	-1.7	5:24	-1.0	5:43	7:37	
19	Sat			12:16	11.7	6:00	-1.9	6:18	-1.2	5:44	7:35	
20	Sun	12:35	12.5	1:07	11.8	6:50	-1.8	7:11	-1.2	5:45	7:33	
21	Mon	1:28	12.2	1:58	11.7	7:40	-1.5	8:04	-1.0	5:46	7:32	
22	Tue	2:20	11.7	2:49	11.5	8:30	-1.0	8:57	-0.7	5:47	7:30	
23	Wed	3:14	11.1	3:41	11.1	9:21	-0.4	9:52	-0.2	5:49	7:29	
24	Thu	4:10	10.4	4:36	10.7	10:13	0.2	10:49	0.2	5:50	7:27	
25	Fri	5:09	9.8	5:33	10.3	11:08	0.8	11:48	0.6	5:51	7:25	
26	Sat	6:09	9.4	6:31	10.0			12:05	1.2	5:52	7:23	
27	Sun	7:08	9.1	7:28	9.9	12:48	0.8	1:03	1.5	5:53	7:22	
28	Mon	8:05	9.0	8:22	9.9	1:46	0.9	1:59	1.6	5:54	7:20	
29	Tue	8:57	9.1	9:13	10.0	2:40	0.8	2:51	1.5	5:55	7:18	
30	Wed	9:46	9.2	9:59	10.2	3:29	0.7	3:39	1.3	5:57	7:17	
31	Thu	10:29	9.4	10:41	10.3	4:13	0.6	4:22	1.1	5:58	7:15	