

Rockland, ME - Oct 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:07	10.1	11:22	10.3	4:52	0.4	5:09	0.4	6:33	6:18	
2	Mon	11:38	10.4	11:57	10.4	5:28	0.3	5:47	0.1	6:35	6:16	
3	Tue			12:10	10.6	6:04	0.2	6:26	-0.1	6:36	6:14	
4	Wed	12:32	10.4	12:45	10.8	6:41	0.2	7:06	-0.3	6:37	6:12	
5	Thu	1:12	10.4	1:25	11.0	7:20	0.3	7:50	-0.4	6:38	6:11	
6	Fri	1:55	10.3	2:09	11.0	8:04	0.4	8:37	-0.4	6:39	6:09	
7	Sat	2:44	10.1	2:59	11.0	8:52	0.5	9:30	-0.3	6:41	6:07	
8	Sun	3:39	10.0	3:55	10.9	9:47	0.7	10:29	-0.2	6:42	6:05	
9	Mon	4:41	9.8	4:58	10.8	10:48	0.8	11:33	-0.2	6:43	6:03	
10	Tue	5:50	9.8	6:09	10.7	11:54	0.8			6:44	6:02	
11	Wed	7:01	10.1	7:21	10.9	12:38	-0.3	1:03	0.5	6:45	6:00	
12	Thu	8:06	10.5	8:28	11.1	1:43	-0.5	2:08	0.1	6:47	5:58	
13	Fri	9:05	11.0	9:28	11.4	2:43	-0.7	3:09	-0.4	6:48	5:56	
14	Sat	9:59	11.4	10:24	11.5	3:39	-0.9	4:06	-0.8	6:49	5:55	
15	Sun	10:49	11.7	11:16	11.5	4:31	-1.0	4:58	-1.1	6:50	5:53	
16	Mon	11:37	11.9			5:19	-0.9	5:48	-1.2	6:52	5:51	
17	Tue	12:05	11.4	12:22	11.8	6:06	-0.6	6:35	-1.1	6:53	5:50	
18	Wed	12:53	11.0	1:06	11.5	6:50	-0.2	7:21	-0.9	6:54	5:48	
19	Thu	1:39	10.6	1:49	11.1	7:34	0.2	8:06	-0.5	6:55	5:46	
20	Fri	2:25	10.1	2:33	10.6	8:18	0.7	8:52	0.0	6:57	5:45	
21	Sat	3:12	9.6	3:17	10.2	9:04	1.2	9:39	0.4	6:58	5:43	
22	Sun	4:02	9.2	4:06	9.7	9:52	1.6	10:30	0.8	6:59	5:42	
23	Mon	4:55	8.9	5:00	9.4	10:45	1.9	11:23	1.1	7:01	5:40	
24	Tue	5:51	8.8	5:58	9.2	11:41	2.1			7:02	5:38	
25	Wed	6:46	8.8	6:57	9.2	12:18	1.2	12:39	2.0	7:03	5:37	
26	Thu	7:39	9.0	7:52	9.3	1:11	1.2	1:34	1.8	7:05	5:35	
27	Fri	8:27	9.3	8:42	9.5	2:02	1.1	2:26	1.4	7:06	5:34	
28	Sat	9:10	9.7	9:28	9.7	2:48	0.9	3:13	1.0	7:07	5:32	
29	Sun	8:49	10.1	9:10	9.9	2:31	0.7	2:56	0.5	6:08	4:31	
30	Mon	9:26	10.5	9:49	10.2	3:12	0.5	3:38	0.1	6:10	4:29	
31	Tue	10:01	10.9	10:29	10.4	3:51	0.3	4:19	-0.3	6:11	4:28	