

Rockland, ME - Nov 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:38	11.2	11:10	10.5	4:31	0.2	5:01	-0.7	6:12	4:27	
2	Thu	11:19	11.5	11:53	10.5	5:12	0.1	5:45	-0.9	6:14	4:25	
3	Fri			12:02	11.6	5:56	0.1	6:32	-1.0	6:15	4:24	
4	Sat	12:40	10.5	12:50	11.6	6:44	0.2	7:22	-1.0	6:16	4:23	
5	Sun	1:32	10.4	1:43	11.5	7:36	0.3	8:16	-0.9	6:18	4:21	
6	Mon	2:29	10.3	2:42	11.2	8:33	0.5	9:15	-0.7	6:19	4:20	
7	Tue	3:33	10.2	3:47	11.0	9:36	0.6	10:17	-0.5	6:20	4:19	
8	Wed	4:41	10.3	4:59	10.8	10:43	0.6	11:22	-0.4	6:22	4:18	
9	Thu	5:48	10.5	6:10	10.7	11:52	0.4			6:23	4:16	
10	Fri	6:51	10.8	7:15	10.8	12:24	-0.4	12:57	0.0	6:24	4:15	
11	Sat	7:48	11.2	8:15	10.9	1:24	-0.4	1:58	-0.4	6:26	4:14	
12	Sun	8:41	11.5	9:10	10.9	2:19	-0.4	2:54	-0.7	6:27	4:13	
13	Mon	9:31	11.7	10:01	10.8	3:11	-0.4	3:45	-0.9	6:28	4:12	
14	Tue	10:17	11.7	10:49	10.7	3:59	-0.2	4:32	-0.9	6:30	4:11	
15	Wed	11:01	11.5	11:35	10.4	4:44	0.1	5:17	-0.8	6:31	4:10	
16	Thu	11:43	11.2			5:27	0.4	6:00	-0.6	6:32	4:09	
17	Fri	12:19	10.1	12:22	10.9	6:08	0.8	6:42	-0.3	6:34	4:08	
18	Sat	1:01	9.7	1:01	10.5	6:49	1.1	7:23	0.1	6:35	4:07	
19	Sun	1:43	9.4	1:40	10.1	7:31	1.5	8:06	0.4	6:36	4:06	
20	Mon	2:26	9.1	2:21	9.7	8:15	1.7	8:50	0.7	6:37	4:06	
21	Tue	3:12	8.9	3:08	9.4	9:03	2.0	9:38	1.0	6:39	4:05	
22	Wed	4:01	8.8	4:00	9.2	9:56	2.1	10:28	1.1	6:40	4:04	
23	Thu	4:53	8.9	4:57	9.1	10:51	2.0	11:19	1.2	6:41	4:03	
24	Fri	5:44	9.1	5:55	9.1	11:47	1.8			6:43	4:03	
25	Sat	6:34	9.4	6:50	9.2	12:10	1.2	12:41	1.4	6:44	4:02	
26	Sun	7:19	9.8	7:42	9.4	12:59	1.0	1:32	1.0	6:45	4:01	
27	Mon	8:03	10.3	8:30	9.7	1:46	0.8	2:20	0.4	6:46	4:01	
28	Tue	8:45	10.8	9:16	10.0	2:31	0.6	3:07	-0.1	6:47	4:00	
29	Wed	9:27	11.3	10:02	10.3	3:16	0.3	3:53	-0.7	6:48	4:00	
30	Thu	10:11	11.7	10:49	10.6	4:01	0.1	4:39	-1.1	6:50	4:00	