

Rockland, ME - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:31	12.1	12:53	12.2	6:37	-1.5	7:04	-1.5	6:13	5:23	
2	Fri	1:21	11.9	1:47	11.6	7:31	-1.2	7:55	-0.9	6:12	5:25	
3	Sat	2:13	11.6	2:43	10.9	8:25	-0.8	8:47	-0.3	6:10	5:26	
4	Sun	3:08	11.2	3:41	10.2	9:22	-0.3	9:42	0.4	6:08	5:27	
5	Mon	4:05	10.7	4:43	9.7	10:22	0.2	10:40	1.0	6:07	5:29	
6	Tue	5:05	10.3	5:45	9.3	11:23	0.6	11:41	1.3	6:05	5:30	
7	Wed	6:06	10.0	6:45	9.1			12:25	0.8	6:03	5:31	
8	Thu	7:04	10.0	7:40	9.1	12:41	1.5	1:23	0.8	6:01	5:32	
9	Fri	7:57	10.0	8:31	9.3	1:37	1.5	2:15	0.7	5:59	5:34	
10	Sat	8:46	10.1	9:17	9.4	2:27	1.4	3:01	0.6	5:58	5:35	
11	Sun	9:31	10.2	9:59	9.6	3:13	1.2	3:43	0.5	5:56	5:36	
12	Mon	10:11	10.3	10:37	9.8	3:54	1.0	4:21	0.4	5:54	5:37	
13	Tue	10:48	10.3	11:10	9.9	4:31	0.8	4:56	0.4	5:52	5:39	
14	Wed	11:21	10.3	11:39	10.0	5:07	0.6	5:29	0.4	5:51	5:40	
15	Thu	11:51	10.2			5:43	0.5	6:02	0.4	5:49	5:41	
16	Fri	12:07	10.1	12:23	10.1	6:18	0.4	6:36	0.5	5:47	5:43	
17	Sat	12:38	10.2	12:59	10.0	6:56	0.4	7:12	0.7	5:45	5:44	
18	Sun	1:15	10.3	1:41	9.9	7:38	0.4	7:53	0.8	5:43	5:45	
19	Mon	1:58	10.3	2:28	9.7	8:24	0.4	8:39	1.0	5:41	5:46	
20	Tue	2:46	10.4	3:21	9.5	9:16	0.4	9:32	1.1	5:40	5:47	
21	Wed	3:41	10.4	4:22	9.4	10:15	0.3	10:33	1.1	5:38	5:49	
22	Thu	4:43	10.5	5:30	9.5	11:19	0.2	11:38	1.0	5:36	5:50	
23	Fri	5:50	10.7	6:41	9.9			12:24	-0.1	5:34	5:51	
24	Sat	7:00	11.0	7:46	10.4	12:44	0.6	1:27	-0.5	5:32	5:52	
25	Sun	8:06	11.5	8:45	11.0	1:48	0.1	2:26	-1.0	5:30	5:54	
26	Mon	9:06	11.9	9:39	11.5	2:48	-0.5	3:21	-1.3	5:29	5:55	
27	Tue	10:01	12.1	10:30	12.0	3:44	-1.1	4:13	-1.5	5:27	5:56	
28	Wed	10:54	12.2	11:20	12.2	4:37	-1.4	5:03	-1.5	5:25	5:57	
29	Thu	11:46	12.0			5:29	-1.6	5:52	-1.3	5:23	5:59	
30	Fri	12:08	12.1	12:37	11.6	6:19	-1.5	6:40	-0.9	5:21	6:00	
31	Sat	12:56	11.9	1:28	11.1	7:10	-1.2	7:28	-0.3	5:19	6:01	