

Rockland, ME - Apr 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:45	11.5	2:20	10.5	8:01	-0.7	8:18	0.3	5:18	6:02	
2	Mon	2:36	10.9	3:15	9.9	8:54	-0.2	9:10	0.9	5:16	6:03	
3	Tue	3:30	10.4	4:13	9.4	9:49	0.3	10:06	1.4	5:14	6:05	
4	Wed	4:28	9.9	5:12	9.1	10:47	0.7	11:05	1.7	5:12	6:06	
5	Thu	5:27	9.6	6:10	9.0	11:45	1.0			5:10	6:07	
6	Fri	6:26	9.5	7:05	9.0	12:04	1.8	12:42	1.0	5:09	6:08	
7	Sat	7:21	9.6	7:55	9.2	1:01	1.7	1:34	1.0	5:07	6:09	
8	Sun	8:11	9.7	8:41	9.5	1:53	1.5	2:21	0.9	5:05	6:11	
9	Mon	8:57	9.8	9:22	9.7	2:39	1.2	3:04	0.7	5:03	6:12	
10	Tue	9:39	10.0	9:59	10.0	3:22	0.9	3:42	0.6	5:02	6:13	
11	Wed	10:17	10.1	10:32	10.2	4:01	0.6	4:19	0.5	5:00	6:14	
12	Thu	10:51	10.1	11:03	10.4	4:39	0.3	4:54	0.5	4:58	6:16	
13	Fri	11:25	10.1	11:34	10.6	5:16	0.1	5:29	0.5	4:56	6:17	
14	Sat			12:00	10.1	5:53	-0.1	6:06	0.6	4:55	6:18	
15	Sun	12:09	10.7	12:39	10.1	6:33	-0.2	6:45	0.6	4:53	6:19	
16	Mon	12:49	10.8	1:23	10.0	7:17	-0.2	7:29	0.7	4:51	6:20	
17	Tue	1:34	10.8	2:12	9.9	8:05	-0.2	8:19	0.9	4:50	6:22	
18	Wed	2:25	10.8	3:08	9.8	8:59	-0.2	9:15	0.9	4:48	6:23	
19	Thu	3:22	10.7	4:11	9.8	9:58	-0.1	10:18	0.9	4:46	6:24	
20	Fri	4:27	10.6	5:19	9.9	11:01	-0.2	11:24	0.8	4:45	6:25	
21	Sat	5:37	10.7	6:28	10.3			12:05	-0.3	4:43	6:26	
22	Sun	6:48	10.9	7:30	10.8	12:31	0.4	1:07	-0.5	4:41	6:28	
23	Mon	7:53	11.2	8:28	11.3	1:35	-0.1	2:06	-0.8	4:40	6:29	
24	Tue	8:52	11.4	9:21	11.7	2:35	-0.6	3:01	-0.9	4:38	6:30	
25	Wed	9:48	11.5	10:11	12.0	3:30	-1.1	3:52	-1.0	4:37	6:31	
26	Thu	10:40	11.5	10:59	12.1	4:23	-1.4	4:41	-0.9	4:35	6:32	
27	Fri	11:31	11.3	11:46	11.9	5:13	-1.4	5:29	-0.6	4:34	6:34	
28	Sat			12:20	11.0	6:01	-1.3	6:16	-0.2	4:32	6:35	
29	Sun	12:31	11.6	2:08	10.5	7:49	-1.0	8:02	0.3	5:30	7:36	
30	Mon	2:17	11.2	2:57	10.0	8:36	-0.5	8:49	0.8	5:29	7:37	