

Rockland, ME - Sep 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:21	9.1	6:42	10.3	12:16	0.8	12:31	1.3	5:59	7:13	
2	Sun	7:27	9.4	7:45	10.7	1:17	0.4	1:32	1.0	6:00	7:12	
3	Mon	8:31	9.8	8:48	11.2	2:18	-0.1	2:33	0.5	6:01	7:10	
4	Tue	9:30	10.4	9:47	11.8	3:16	-0.7	3:31	-0.1	6:02	7:08	
5	Wed	10:25	11.0	10:43	12.2	4:10	-1.2	4:27	-0.7	6:03	7:06	
6	Thu	11:17	11.6	11:37	12.5	5:03	-1.6	5:22	-1.2	6:04	7:04	
7	Fri			12:08	12.0	5:54	-1.8	6:15	-1.5	6:05	7:03	
8	Sat	12:30	12.5	12:59	12.2	6:44	-1.8	7:08	-1.6	6:07	7:01	
9	Sun	1:24	12.3	1:50	12.2	7:35	-1.6	8:02	-1.5	6:08	6:59	
10	Mon	2:18	11.8	2:43	11.9	8:26	-1.1	8:58	-1.2	6:09	6:57	
11	Tue	3:15	11.2	3:39	11.5	9:20	-0.5	9:55	-0.7	6:10	6:55	
12	Wed	4:15	10.6	4:38	11.1	10:16	0.1	10:56	-0.3	6:11	6:53	
13	Thu	5:18	10.0	5:39	10.7	11:16	0.7	11:59	0.1	6:12	6:52	
14	Fri	6:21	9.6	6:42	10.4			12:18	1.1	6:13	6:50	
15	Sat	7:22	9.5	7:42	10.2	1:01	0.4	1:20	1.3	6:15	6:48	
16	Sun	8:20	9.4	8:37	10.2	2:01	0.5	2:18	1.3	6:16	6:46	
17	Mon	9:12	9.5	9:28	10.2	2:55	0.5	3:11	1.2	6:17	6:44	
18	Tue	9:59	9.6	10:14	10.3	3:43	0.5	3:58	1.0	6:18	6:42	
19	Wed	10:42	9.8	10:56	10.3	4:26	0.4	4:40	0.9	6:19	6:40	
20	Thu	11:21	9.9	11:35	10.3	5:05	0.4	5:18	0.7	6:20	6:39	
21	Fri	11:56	10.0			5:40	0.4	5:54	0.6	6:21	6:37	
22	Sat	12:09	10.2	12:26	10.0	6:14	0.5	6:29	0.5	6:23	6:35	
23	Sun	12:40	10.1	12:54	10.0	6:46	0.6	7:04	0.5	6:24	6:33	
24	Mon	1:10	9.9	1:22	10.1	7:19	0.8	7:40	0.5	6:25	6:31	
25	Tue	1:44	9.8	1:56	10.1	7:54	0.9	8:20	0.5	6:26	6:29	
26	Wed	2:22	9.6	2:36	10.1	8:33	1.1	9:03	0.6	6:27	6:27	
27	Thu	3:07	9.4	3:22	10.1	9:17	1.2	9:52	0.6	6:28	6:26	
28	Fri	3:57	9.3	4:14	10.1	10:07	1.4	10:48	0.6	6:30	6:24	
29	Sat	4:54	9.2	5:12	10.2	11:04	1.4	11:49	0.4	6:31	6:22	
30	Sun	5:58	9.3	6:17	10.4			12:07	1.2	6:32	6:20	