

Rockland, ME - Oct 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:06	9.6	7:25	10.7	12:52	0.2	1:12	0.9	6:33	6:18	
2	Tue	8:12	10.2	8:31	11.2	1:54	-0.2	2:16	0.3	6:34	6:16	
3	Wed	9:11	10.8	9:32	11.6	2:53	-0.7	3:16	-0.4	6:36	6:15	
4	Thu	10:06	11.4	10:29	12.0	3:49	-1.1	4:12	-1.0	6:37	6:13	
5	Fri	10:58	12.0	11:23	12.2	4:41	-1.4	5:07	-1.5	6:38	6:11	
6	Sat	11:48	12.3			5:32	-1.5	5:59	-1.8	6:39	6:09	
7	Sun	12:16	12.1	12:37	12.4	6:22	-1.4	6:51	-1.8	6:40	6:07	
8	Mon	1:08	11.8	1:27	12.3	7:11	-1.1	7:43	-1.6	6:42	6:06	
9	Tue	2:01	11.4	2:18	11.9	8:02	-0.6	8:36	-1.2	6:43	6:04	
10	Wed	2:56	10.8	3:11	11.4	8:54	0.0	9:31	-0.7	6:44	6:02	
11	Thu	3:52	10.2	4:07	10.8	9:48	0.6	10:28	-0.1	6:45	6:00	
12	Fri	4:52	9.8	5:07	10.3	10:46	1.1	11:27	0.3	6:46	5:59	
13	Sat	5:52	9.4	6:08	9.9	11:47	1.5			6:48	5:57	
14	Sun	6:52	9.3	7:08	9.7	12:27	0.6	12:48	1.6	6:49	5:55	
15	Mon	7:47	9.3	8:04	9.7	1:25	0.8	1:46	1.5	6:50	5:53	
16	Tue	8:39	9.5	8:56	9.8	2:18	0.8	2:39	1.4	6:51	5:52	
17	Wed	9:25	9.7	9:42	9.9	3:06	0.8	3:26	1.1	6:53	5:50	
18	Thu	10:07	9.9	10:25	9.9	3:49	0.7	4:09	0.8	6:54	5:48	
19	Fri	10:46	10.1	11:05	10.0	4:28	0.6	4:49	0.6	6:55	5:47	
20	Sat	11:20	10.2	11:40	10.0	5:04	0.6	5:26	0.4	6:56	5:45	
21	Sun	11:50	10.3			5:39	0.7	6:02	0.2	6:58	5:44	
22	Mon	12:13	9.9	12:19	10.4	6:13	0.7	6:38	0.1	6:59	5:42	
23	Tue	12:45	9.9	12:51	10.5	6:48	0.8	7:16	0.0	7:00	5:40	
24	Wed	1:21	9.8	1:28	10.6	7:25	0.9	7:56	0.0	7:02	5:39	
25	Thu	2:01	9.7	2:10	10.6	8:06	1.0	8:41	0.0	7:03	5:37	
26	Fri	2:47	9.6	2:57	10.5	8:52	1.1	9:31	0.1	7:04	5:36	
27	Sat	3:39	9.5	3:51	10.5	9:45	1.2	10:27	0.1	7:06	5:34	
28	Sun	3:37	9.5	3:51	10.4	9:45	1.2	10:27	0.0	6:07	4:33	
29	Mon	4:42	9.7	4:58	10.5	10:50	1.0	11:30	-0.1	6:08	4:31	
30	Tue	5:50	10.1	6:09	10.6	11:57	0.7			6:09	4:30	
31	Wed	6:54	10.6	7:16	10.9	12:32	-0.4	1:01	0.1	6:11	4:28	