

Rockland, ME - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:31	11.8	9:04	10.9	2:08	-0.5	2:47	-1.0	6:50	3:59	
2	Sun	9:23	12.1	9:58	10.9	3:02	-0.5	3:41	-1.3	6:52	3:59	
3	Mon	10:13	12.1	10:49	10.9	3:53	-0.4	4:32	-1.4	6:53	3:59	
4	Tue	11:01	12.0	11:38	10.7	4:42	-0.2	5:20	-1.3	6:54	3:58	
5	Wed	11:47	11.8			5:30	0.1	6:07	-1.1	6:55	3:58	
6	Thu	12:26	10.4	12:32	11.4	6:16	0.4	6:53	-0.7	6:56	3:58	
7	Fri	1:13	10.1	1:16	10.9	7:02	0.8	7:38	-0.3	6:57	3:58	
8	Sat	2:00	9.7	2:01	10.4	7:48	1.2	8:24	0.1	6:58	3:58	
9	Sun	2:47	9.4	2:48	9.9	8:37	1.5	9:10	0.5	6:59	3:58	
10	Mon	3:36	9.2	3:38	9.5	9:27	1.8	9:59	0.9	7:00	3:58	
11	Tue	4:27	9.1	4:33	9.2	10:21	1.9	10:49	1.1	7:01	3:58	
12	Wed	5:18	9.1	5:29	9.0	11:17	1.8	11:39	1.3	7:01	3:58	
13	Thu	6:08	9.3	6:26	8.9			12:12	1.7	7:02	3:58	
14	Fri	6:56	9.5	7:19	9.0	12:29	1.3	1:05	1.4	7:03	3:58	
15	Sat	7:41	9.8	8:09	9.1	1:17	1.3	1:54	1.0	7:04	3:58	
16	Sun	8:23	10.2	8:54	9.3	2:03	1.2	2:40	0.6	7:04	3:58	
17	Mon	9:03	10.5	9:37	9.5	2:47	1.0	3:24	0.1	7:05	3:59	
18	Tue	9:42	10.9	10:18	9.8	3:29	0.8	4:07	-0.3	7:06	3:59	
19	Wed	10:21	11.2	11:00	10.0	4:12	0.7	4:50	-0.6	7:06	3:59	
20	Thu	11:03	11.5	11:43	10.2	4:55	0.5	5:33	-0.9	7:07	4:00	
21	Fri	11:48	11.7			5:40	0.3	6:19	-1.1	7:08	4:00	
22	Sat	12:29	10.4	12:35	11.7	6:29	0.2	7:07	-1.1	7:08	4:01	
23	Sun	1:18	10.5	1:27	11.6	7:20	0.2	7:58	-1.1	7:09	4:01	
24	Mon	2:11	10.6	2:23	11.3	8:16	0.2	8:52	-0.9	7:09	4:02	
25	Tue	3:09	10.7	3:24	11.0	9:16	0.2	9:49	-0.6	7:09	4:02	
26	Wed	4:10	10.8	4:31	10.6	10:20	0.2	10:49	-0.4	7:10	4:03	
27	Thu	5:14	10.9	5:42	10.4	11:27	0.1	11:50	-0.2	7:10	4:04	
28	Fri	6:18	11.1	6:50	10.3			12:33	-0.2	7:10	4:04	
29	Sat	7:18	11.4	7:53	10.3	12:52	-0.1	1:36	-0.4	7:11	4:05	
30	Sun	8:15	11.6	8:51	10.4	1:51	0.0	2:34	-0.7	7:11	4:06	
31	Mon	9:08	11.7	9:45	10.3	2:46	0.1	3:28	-0.9	7:11	4:07	