

Rockland, ME - May 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:14	10.3	12:42	9.7	6:30	0.2	6:38	1.0	5:26	7:39	
2	Fri	12:43	10.3	1:14	9.6	7:06	0.2	7:13	1.1	5:25	7:41	
3	Sat	1:15	10.4	1:50	9.5	7:44	0.2	7:52	1.2	5:24	7:42	
4	Sun	1:54	10.4	2:31	9.4	8:25	0.2	8:34	1.3	5:22	7:43	
5	Mon	2:37	10.4	3:18	9.4	9:11	0.2	9:22	1.4	5:21	7:44	
6	Tue	3:26	10.3	4:11	9.4	10:01	0.2	10:16	1.4	5:20	7:45	
7	Wed	4:21	10.3	5:09	9.5	10:57	0.1	11:17	1.3	5:18	7:46	
8	Thu	5:22	10.3	6:12	9.8	11:56	0.0			5:17	7:48	
9	Fri	6:28	10.4	7:16	10.3	12:21	1.0	12:57	-0.2	5:16	7:49	
10	Sat	7:36	10.7	8:17	10.8	1:25	0.5	1:57	-0.4	5:15	7:50	
11	Sun	8:41	11.0	9:14	11.4	2:28	-0.1	2:54	-0.7	5:13	7:51	
12	Mon	9:42	11.2	10:08	12.0	3:27	-0.8	3:49	-0.9	5:12	7:52	
13	Tue	10:40	11.4	11:00	12.3	4:23	-1.3	4:42	-1.0	5:11	7:53	
14	Wed	11:34	11.5	11:50	12.5	5:18	-1.7	5:34	-0.9	5:10	7:54	
15	Thu			12:28	11.4	6:10	-1.9	6:24	-0.7	5:09	7:56	
16	Fri	12:41	12.4	1:20	11.1	7:02	-1.8	7:15	-0.3	5:08	7:57	
17	Sat	1:31	12.1	2:13	10.7	7:53	-1.5	8:06	0.1	5:07	7:58	
18	Sun	2:22	11.6	3:07	10.3	8:45	-1.0	8:59	0.6	5:06	7:59	
19	Mon	3:15	11.1	4:02	9.9	9:38	-0.5	9:53	1.0	5:05	8:00	
20	Tue	4:10	10.5	4:58	9.6	10:32	0.0	10:50	1.4	5:04	8:01	
21	Wed	5:08	10.0	5:54	9.4	11:27	0.4	11:49	1.6	5:03	8:02	
22	Thu	6:06	9.7	6:48	9.4			12:21	0.7	5:02	8:03	
23	Fri	7:04	9.4	7:40	9.5	12:47	1.6	1:14	0.9	5:01	8:04	
24	Sat	7:58	9.3	8:29	9.6	1:42	1.5	2:04	1.0	5:00	8:05	
25	Sun	8:49	9.3	9:14	9.8	2:34	1.3	2:51	1.1	5:00	8:06	
26	Mon	9:37	9.4	9:55	10.0	3:21	1.0	3:34	1.1	4:59	8:07	
27	Tue	10:21	9.4	10:33	10.2	4:05	0.7	4:14	1.1	4:58	8:08	
28	Wed	11:02	9.5	11:08	10.4	4:46	0.5	4:53	1.1	4:58	8:09	
29	Thu	11:40	9.5	11:40	10.5	5:25	0.2	5:30	1.1	4:57	8:10	
30	Fri			12:16	9.5	6:04	0.0	6:08	1.1	4:56	8:11	
31	Sat	12:14	10.7	12:52	9.6	6:42	-0.1	6:47	1.1	4:56	8:11	