

Rockland, ME - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:51	10.8	1:31	9.6	7:23	-0.2	7:28	1.1	4:55	8:12	
2	Mon	1:32	10.8	2:14	9.7	8:06	-0.3	8:14	1.0	4:55	8:13	
3	Tue	2:18	10.8	3:02	9.8	8:52	-0.3	9:04	1.0	4:54	8:14	
4	Wed	3:08	10.8	3:55	9.9	9:43	-0.3	10:00	1.0	4:54	8:15	
5	Thu	4:04	10.7	4:53	10.1	10:37	-0.3	11:00	0.8	4:54	8:15	
6	Fri	5:05	10.6	5:54	10.4	11:35	-0.3			4:53	8:16	
7	Sat	6:12	10.5	6:56	10.7	12:04	0.6	12:34	-0.3	4:53	8:17	
8	Sun	7:21	10.5	7:57	11.2	1:09	0.2	1:34	-0.4	4:53	8:17	
9	Mon	8:27	10.6	8:55	11.6	2:12	-0.3	2:32	-0.4	4:52	8:18	
10	Tue	9:29	10.8	9:50	12.0	3:13	-0.8	3:29	-0.4	4:52	8:18	
11	Wed	10:27	10.9	10:43	12.2	4:10	-1.2	4:23	-0.4	4:52	8:19	
12	Thu	11:22	10.9	11:34	12.2	5:04	-1.5	5:15	-0.3	4:52	8:20	
13	Fri			12:14	10.8	5:56	-1.5	6:06	-0.1	4:52	8:20	
14	Sat	12:24	12.1	1:05	10.6	6:46	-1.4	6:56	0.1	4:52	8:21	
15	Sun	1:13	11.8	1:55	10.3	7:35	-1.1	7:45	0.5	4:52	8:21	
16	Mon	2:01	11.3	2:44	10.0	8:23	-0.7	8:34	0.9	4:52	8:21	
17	Tue	2:49	10.8	3:33	9.8	9:10	-0.3	9:23	1.2	4:52	8:22	
18	Wed	3:37	10.3	4:23	9.5	9:58	0.2	10:14	1.5	4:52	8:22	
19	Thu	4:28	9.8	5:13	9.4	10:46	0.6	11:08	1.6	4:52	8:22	
20	Fri	5:21	9.4	6:03	9.3	11:35	0.9			4:52	8:23	
21	Sat	6:16	9.2	6:53	9.4	12:02	1.7	12:25	1.1	4:53	8:23	
22	Sun	7:11	9.0	7:42	9.5	12:57	1.6	1:14	1.3	4:53	8:23	
23	Mon	8:05	8.9	8:28	9.7	1:50	1.4	2:02	1.3	4:53	8:23	
24	Tue	8:56	9.0	9:12	10.0	2:40	1.1	2:49	1.3	4:53	8:23	
25	Wed	9:43	9.1	9:52	10.2	3:28	0.8	3:33	1.3	4:54	8:23	
26	Thu	10:27	9.2	10:31	10.5	4:12	0.5	4:16	1.2	4:54	8:23	
27	Fri	11:09	9.4	11:09	10.8	4:55	0.1	4:58	1.1	4:55	8:23	
28	Sat	11:49	9.6	11:48	11.0	5:37	-0.2	5:40	0.9	4:55	8:23	
29	Sun			12:29	9.8	6:18	-0.5	6:23	0.7	4:56	8:23	
30	Mon	12:30	11.2	1:11	10.0	7:01	-0.7	7:08	0.6	4:56	8:23	