

Rockland, ME - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:41	11.6	3:18	11.2	9:04	-1.1	9:29	-0.4	5:24	8:00	
2	Sat	3:38	11.2	4:14	11.2	9:57	-0.8	10:29	-0.3	5:25	7:59	
3	Sun	4:41	10.8	5:15	11.2	10:54	-0.4	11:33	-0.3	5:26	7:58	
4	Mon	5:48	10.4	6:19	11.2	11:55	-0.1			5:27	7:56	
5	Tue	6:57	10.1	7:24	11.2	12:39	-0.3	12:57	0.2	5:29	7:55	
6	Wed	8:04	10.0	8:25	11.3	1:45	-0.3	2:00	0.4	5:30	7:54	
7	Thu	9:05	10.0	9:23	11.4	2:47	-0.4	3:00	0.4	5:31	7:52	
8	Fri	10:01	10.1	10:17	11.4	3:45	-0.6	3:56	0.4	5:32	7:51	
9	Sat	10:53	10.2	11:06	11.4	4:37	-0.6	4:47	0.4	5:33	7:50	
10	Sun	11:41	10.2	11:52	11.2	5:25	-0.6	5:34	0.5	5:34	7:48	
11	Mon			12:25	10.1	6:09	-0.5	6:18	0.6	5:35	7:47	
12	Tue	12:35	11.0	1:06	10.0	6:50	-0.2	6:59	0.7	5:37	7:45	
13	Wed	1:15	10.7	1:45	9.8	7:28	0.0	7:38	0.8	5:38	7:44	
14	Thu	1:52	10.3	2:20	9.7	8:04	0.3	8:17	1.0	5:39	7:42	
15	Fri	2:27	10.0	2:54	9.6	8:41	0.6	8:58	1.2	5:40	7:41	
16	Sat	3:04	9.6	3:30	9.4	9:19	1.0	9:41	1.3	5:41	7:39	
17	Sun	3:44	9.3	4:09	9.4	10:00	1.3	10:28	1.4	5:42	7:37	
18	Mon	4:31	8.9	4:55	9.3	10:45	1.5	11:20	1.5	5:43	7:36	
19	Tue	5:23	8.7	5:45	9.3	11:35	1.7			5:45	7:34	
20	Wed	6:22	8.6	6:41	9.5	12:15	1.4	12:28	1.8	5:46	7:33	
21	Thu	7:23	8.7	7:37	9.8	1:12	1.2	1:23	1.7	5:47	7:31	
22	Fri	8:22	8.9	8:32	10.2	2:08	0.9	2:18	1.4	5:48	7:29	
23	Sat	9:15	9.3	9:24	10.7	3:01	0.4	3:11	1.0	5:49	7:28	
24	Sun	10:04	9.8	10:14	11.3	3:52	-0.1	4:01	0.5	5:50	7:26	
25	Mon	10:52	10.4	11:03	11.7	4:40	-0.7	4:51	0.0	5:51	7:24	
26	Tue	11:38	10.9	11:52	12.0	5:27	-1.1	5:41	-0.5	5:53	7:23	
27	Wed			12:25	11.3	6:14	-1.4	6:31	-0.9	5:54	7:21	
28	Thu	12:42	12.2	1:13	11.7	7:01	-1.5	7:22	-1.1	5:55	7:19	
29	Fri	1:33	12.1	2:03	11.8	7:50	-1.4	8:16	-1.2	5:56	7:17	
30	Sat	2:28	11.7	2:56	11.8	8:42	-1.1	9:12	-1.1	5:57	7:16	
31	Sun	3:26	11.3	3:53	11.6	9:36	-0.7	10:12	-0.8	5:58	7:14	