

Rockland, ME - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:22	9.7	6:41	9.4			12:26	1.4	6:51	3:59	
2	Tue	7:13	9.8	7:34	9.4	12:48	0.9	1:20	1.2	6:52	3:59	
3	Wed	7:59	9.9	8:23	9.4	1:36	1.0	2:09	1.0	6:53	3:58	
4	Thu	8:43	10.1	9:09	9.4	2:21	1.1	2:54	0.7	6:55	3:58	
5	Fri	9:23	10.3	9:52	9.4	3:02	1.1	3:36	0.5	6:56	3:58	
6	Sat	9:59	10.4	10:31	9.4	3:41	1.1	4:15	0.3	6:57	3:58	
7	Sun	10:32	10.5	11:07	9.4	4:18	1.1	4:52	0.1	6:58	3:58	
8	Mon	11:03	10.5	11:41	9.4	4:55	1.2	5:29	0.0	6:58	3:58	
9	Tue	11:36	10.6			5:32	1.2	6:07	0.0	6:59	3:58	
10	Wed	12:16	9.4	12:13	10.6	6:10	1.2	6:46	-0.1	7:00	3:58	
11	Thu	12:54	9.5	12:55	10.6	6:52	1.2	7:29	-0.1	7:01	3:58	
12	Fri	1:37	9.6	1:42	10.6	7:38	1.2	8:15	-0.1	7:02	3:58	
13	Sat	2:25	9.7	2:33	10.5	8:30	1.2	9:06	-0.1	7:03	3:58	
14	Sun	3:18	9.8	3:30	10.4	9:27	1.1	10:01	0.0	7:04	3:58	
15	Mon	4:16	10.1	4:33	10.3	10:29	0.8	10:59	-0.1	7:04	3:58	
16	Tue	5:18	10.4	5:41	10.3	11:34	0.5	11:59	-0.1	7:05	3:59	
17	Wed	6:20	10.9	6:50	10.4			12:38	0.0	7:06	3:59	
18	Thu	7:20	11.4	7:55	10.6	12:58	-0.2	1:40	-0.6	7:06	3:59	
19	Fri	8:18	11.9	8:55	10.8	1:56	-0.3	2:39	-1.1	7:07	4:00	
20	Sat	9:13	12.3	9:52	10.9	2:52	-0.4	3:35	-1.5	7:07	4:00	
21	Sun	10:06	12.5	10:46	11.0	3:47	-0.5	4:29	-1.8	7:08	4:01	
22	Mon	10:57	12.5	11:38	10.9	4:39	-0.4	5:20	-1.8	7:08	4:01	
23	Tue	11:47	12.3			5:30	-0.3	6:10	-1.6	7:09	4:02	
24	Wed	12:29	10.8	12:37	11.9	6:21	0.0	6:59	-1.2	7:09	4:02	
25	Thu	1:20	10.5	1:27	11.4	7:11	0.4	7:48	-0.8	7:10	4:03	
26	Fri	2:10	10.2	2:17	10.8	8:02	0.7	8:37	-0.3	7:10	4:04	
27	Sat	3:00	9.9	3:08	10.2	8:54	1.1	9:26	0.3	7:10	4:04	
28	Sun	3:52	9.6	4:03	9.7	9:48	1.4	10:16	0.7	7:10	4:05	
29	Mon	4:44	9.5	4:59	9.3	10:44	1.6	11:07	1.1	7:11	4:06	
30	Tue	5:36	9.5	5:56	9.0	11:41	1.6	11:59	1.3	7:11	4:07	
31	Wed	6:27	9.5	6:52	8.9			12:36	1.5	7:11	4:07	