

Rockland, ME - Mar 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:23	9.4	7:12	8.6	12:07	2.0	12:54	1.2	6:13	5:24	
2	Mon	7:19	9.8	8:05	8.9	1:03	1.8	1:48	0.8	6:11	5:25	
3	Tue	8:12	10.2	8:53	9.4	1:56	1.5	2:38	0.3	6:09	5:27	
4	Wed	9:00	10.7	9:38	9.9	2:46	1.0	3:24	-0.2	6:07	5:28	
5	Thu	9:47	11.2	10:21	10.5	3:34	0.4	4:09	-0.7	6:06	5:29	
6	Fri	10:33	11.6	11:03	11.0	4:21	-0.1	4:53	-1.0	6:04	5:31	
7	Sat	11:19	11.9	11:48	11.4	5:09	-0.6	5:38	-1.2	6:02	5:32	
8	Sun			12:07	11.9	5:57	-1.0	6:24	-1.3	6:00	5:33	
9	Mon	12:34	11.7	12:58	11.7	6:47	-1.2	7:12	-1.1	5:59	5:34	
10	Tue	1:23	11.8	1:51	11.4	7:40	-1.1	8:03	-0.7	5:57	5:36	
11	Wed	2:15	11.7	2:50	10.9	8:37	-1.0	8:58	-0.2	5:55	5:37	
12	Thu	3:13	11.5	3:55	10.3	9:38	-0.7	9:58	0.2	5:53	5:38	
13	Fri	4:18	11.2	5:05	10.0	10:44	-0.4	11:03	0.6	5:51	5:39	
14	Sat	5:27	11.0	6:15	9.8	11:52	-0.2			5:50	5:41	
15	Sun	6:35	10.9	7:20	9.8	12:11	0.8	12:58	-0.2	5:48	5:42	
16	Mon	7:39	10.9	8:19	10.0	1:17	0.8	2:00	-0.2	5:46	5:43	
17	Tue	8:36	11.0	9:12	10.2	2:17	0.6	2:55	-0.3	5:44	5:44	
18	Wed	9:28	11.0	10:00	10.3	3:11	0.5	3:44	-0.3	5:42	5:46	
19	Thu	10:16	10.9	10:43	10.4	4:00	0.3	4:28	-0.2	5:40	5:47	
20	Fri	10:59	10.8	11:23	10.3	4:43	0.3	5:08	0.0	5:39	5:48	
21	Sat	11:39	10.5	11:59	10.2	5:23	0.3	5:44	0.2	5:37	5:49	
22	Sun			12:16	10.2	6:01	0.4	6:19	0.5	5:35	5:51	
23	Mon	12:32	10.1	12:50	9.9	6:37	0.5	6:53	0.8	5:33	5:52	
24	Tue	1:02	9.9	1:24	9.6	7:14	0.6	7:28	1.1	5:31	5:53	
25	Wed	1:33	9.8	1:59	9.3	7:53	0.8	8:05	1.5	5:29	5:54	
26	Thu	2:08	9.6	2:40	8.9	8:35	1.0	8:47	1.8	5:28	5:55	
27	Fri	2:50	9.5	3:28	8.7	9:22	1.2	9:34	2.0	5:26	5:57	
28	Sat	3:39	9.4	4:22	8.5	10:15	1.3	10:28	2.1	5:24	5:58	
29	Sun	4:33	9.3	5:23	8.5	11:12	1.2	11:26	2.1	5:22	5:59	
30	Mon	5:33	9.5	6:25	8.8			12:10	1.0	5:20	6:00	
31	Tue	6:35	9.8	7:23	9.2	12:25	1.8	1:07	0.7	5:19	6:02	