

Rockland, ME - Jul 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:16	10.8	11:28	12.5	4:59	-1.6	5:09	-0.4	4:57	8:23	
2	Thu			12:11	10.9	5:53	-1.8	6:03	-0.3	4:57	8:23	
3	Fri	12:21	12.5	1:05	10.9	6:46	-1.8	6:56	-0.2	4:58	8:23	
4	Sat	1:14	12.2	1:57	10.7	7:37	-1.5	7:49	0.0	4:58	8:22	
5	Sun	2:06	11.8	2:49	10.5	8:28	-1.1	8:42	0.4	4:59	8:22	
6	Mon	2:58	11.2	3:41	10.3	9:19	-0.7	9:36	0.7	5:00	8:22	
7	Tue	3:52	10.7	4:33	10.0	10:09	-0.2	10:31	1.0	5:00	8:21	
8	Wed	4:47	10.1	5:26	9.8	11:00	0.3	11:27	1.2	5:01	8:21	
9	Thu	5:43	9.6	6:18	9.7	11:51	0.8			5:02	8:20	
10	Fri	6:40	9.2	7:10	9.7	12:24	1.3	12:42	1.1	5:03	8:20	
11	Sat	7:35	9.0	8:00	9.8	1:20	1.3	1:33	1.4	5:03	8:19	
12	Sun	8:29	8.9	8:47	9.9	2:13	1.2	2:22	1.5	5:04	8:19	
13	Mon	9:20	8.9	9:32	10.0	3:03	1.0	3:09	1.5	5:05	8:18	
14	Tue	10:07	9.0	10:14	10.2	3:50	0.7	3:54	1.5	5:06	8:18	
15	Wed	10:51	9.1	10:53	10.3	4:34	0.5	4:36	1.4	5:07	8:17	
16	Thu	11:31	9.2	11:29	10.5	5:15	0.3	5:16	1.3	5:08	8:16	
17	Fri			12:08	9.3	5:54	0.1	5:55	1.2	5:09	8:15	
18	Sat	12:04	10.6	12:44	9.5	6:32	-0.1	6:35	1.1	5:09	8:15	
19	Sun	12:41	10.8	1:20	9.6	7:11	-0.2	7:16	0.9	5:10	8:14	
20	Mon	1:21	10.8	1:59	9.9	7:51	-0.3	8:00	0.8	5:11	8:13	
21	Tue	2:04	10.8	2:42	10.1	8:33	-0.3	8:48	0.7	5:12	8:12	
22	Wed	2:52	10.8	3:29	10.3	9:19	-0.3	9:40	0.5	5:13	8:11	
23	Thu	3:44	10.6	4:21	10.5	10:09	-0.2	10:37	0.4	5:14	8:10	
24	Fri	4:42	10.3	5:17	10.7	11:02	0.0	11:39	0.2	5:15	8:09	
25	Sat	5:45	10.1	6:18	10.9			12:00	0.1	5:16	8:08	
26	Sun	6:54	10.0	7:22	11.2	12:43	0.0	1:01	0.2	5:17	8:07	
27	Mon	8:04	10.0	8:25	11.5	1:48	-0.4	2:03	0.2	5:19	8:06	
28	Tue	9:09	10.2	9:26	11.8	2:51	-0.7	3:03	0.1	5:20	8:05	
29	Wed	10:09	10.4	10:23	12.1	3:51	-1.1	4:02	0.0	5:21	8:04	
30	Thu	11:05	10.6	11:17	12.1	4:47	-1.3	4:57	-0.1	5:22	8:03	
31	Fri	11:57	10.7			5:40	-1.4	5:50	-0.2	5:23	8:02	