

Rockland, ME - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:05	11.6	12:23	12.1	6:07	-1.0	6:37	-1.4	6:13	5:23	
2	Wed	12:53	11.6	1:14	11.6	6:58	-0.9	7:24	-0.9	6:12	5:25	
3	Thu	1:41	11.4	2:06	11.0	7:50	-0.6	8:12	-0.3	6:10	5:26	
4	Fri	2:30	11.0	2:59	10.3	8:43	-0.2	9:02	0.4	6:08	5:27	
5	Sat	3:21	10.6	3:56	9.6	9:38	0.3	9:54	1.1	6:06	5:29	
6	Sun	4:16	10.1	4:56	9.1	10:35	0.7	10:50	1.6	6:05	5:30	
7	Mon	5:14	9.8	5:57	8.7	11:36	1.0	11:49	1.9	6:03	5:31	
8	Tue	6:13	9.6	6:57	8.6			12:36	1.1	6:01	5:32	
9	Wed	7:11	9.6	7:51	8.7	12:48	2.0	1:33	1.1	5:59	5:34	
10	Thu	8:04	9.7	8:41	8.9	1:43	1.9	2:24	0.9	5:58	5:35	
11	Fri	8:52	9.9	9:26	9.1	2:32	1.7	3:09	0.7	5:56	5:36	
12	Sat	9:35	10.1	10:06	9.4	3:17	1.5	3:50	0.6	5:54	5:38	
13	Sun	10:14	10.2	10:42	9.6	3:57	1.2	4:27	0.4	5:52	5:39	
14	Mon	10:49	10.3	11:13	9.8	4:35	0.9	5:01	0.3	5:50	5:40	
15	Tue	11:22	10.4	11:42	10.0	5:11	0.7	5:35	0.3	5:49	5:41	
16	Wed	11:54	10.3			5:48	0.5	6:08	0.3	5:47	5:43	
17	Thu	12:13	10.2	12:30	10.3	6:25	0.3	6:44	0.4	5:45	5:44	
18	Fri	12:48	10.4	1:11	10.1	7:06	0.2	7:22	0.6	5:43	5:45	
19	Sat	1:28	10.5	1:56	9.9	7:51	0.2	8:06	0.8	5:41	5:46	
20	Sun	2:13	10.5	2:47	9.6	8:41	0.2	8:56	1.0	5:40	5:48	
21	Mon	3:05	10.5	3:46	9.4	9:38	0.2	9:53	1.2	5:38	5:49	
22	Tue	4:04	10.5	4:54	9.3	10:42	0.2	10:57	1.3	5:36	5:50	
23	Wed	5:11	10.5	6:08	9.4	11:49	0.1			5:34	5:51	
24	Thu	6:23	10.8	7:18	9.7	12:06	1.1	12:56	-0.2	5:32	5:52	
25	Fri	7:33	11.1	8:20	10.3	1:13	0.7	1:59	-0.6	5:30	5:54	
26	Sat	8:36	11.5	9:15	10.8	2:17	0.2	2:56	-1.0	5:29	5:55	
27	Sun	9:33	11.8	10:07	11.3	3:15	-0.3	3:49	-1.2	5:27	5:56	
28	Mon	10:27	11.9	10:55	11.6	4:09	-0.8	4:39	-1.3	5:25	5:57	
29	Tue	11:17	11.8	11:41	11.7	5:00	-1.0	5:26	-1.1	5:23	5:59	
30	Wed			12:06	11.5	5:50	-1.1	6:11	-0.7	5:21	6:00	
31	Thu	12:26	11.6	12:54	11.0	6:38	-0.9	6:56	-0.2	5:19	6:01	