

Rockland, ME - Jan 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:25	11.3	10:04	9.8	3:05	0.7	3:49	-0.5	7:11	4:08	
2	Mon	10:12	11.2	10:51	9.6	3:53	0.9	4:36	-0.4	7:11	4:09	
3	Tue	10:56	11.0	11:36	9.5	4:39	1.0	5:19	-0.3	7:11	4:09	
4	Wed	11:37	10.8			5:21	1.2	6:00	-0.1	7:11	4:10	
5	Thu	12:18	9.3	12:16	10.5	6:01	1.4	6:39	0.1	7:11	4:11	
6	Fri	12:57	9.2	12:52	10.2	6:40	1.6	7:18	0.4	7:11	4:12	
7	Sat	1:35	9.0	1:28	10.0	7:20	1.7	7:56	0.6	7:11	4:13	
8	Sun	2:12	8.9	2:07	9.7	8:02	1.8	8:35	0.9	7:10	4:14	
9	Mon	2:50	8.9	2:49	9.3	8:47	1.9	9:17	1.1	7:10	4:16	
10	Tue	3:31	8.9	3:37	9.0	9:36	1.9	10:01	1.3	7:10	4:17	
11	Wed	4:16	9.0	4:29	8.8	10:29	1.9	10:49	1.5	7:10	4:18	
12	Thu	5:04	9.2	5:27	8.7	11:25	1.7	11:39	1.6	7:09	4:19	
13	Fri	5:54	9.5	6:27	8.7			12:21	1.4	7:09	4:20	
14	Sat	6:46	9.8	7:26	8.8	12:31	1.6	1:17	0.9	7:08	4:21	
15	Sun	7:38	10.3	8:22	9.1	1:23	1.5	2:11	0.4	7:08	4:22	
16	Mon	8:29	10.8	9:15	9.5	2:15	1.2	3:03	-0.2	7:07	4:24	
17	Tue	9:20	11.4	10:06	9.9	3:07	0.9	3:53	-0.8	7:07	4:25	
18	Wed	10:11	11.9	10:56	10.3	3:58	0.5	4:43	-1.2	7:06	4:26	
19	Thu	11:02	12.2	11:46	10.6	4:49	0.1	5:33	-1.6	7:06	4:27	
20	Fri	11:53	12.4			5:41	-0.2	6:23	-1.7	7:05	4:29	
21	Sat	12:37	10.9	12:46	12.3	6:34	-0.4	7:13	-1.6	7:04	4:30	
22	Sun	1:29	11.0	1:41	11.9	7:29	-0.4	8:05	-1.4	7:03	4:31	
23	Mon	2:23	11.1	2:40	11.4	8:27	-0.3	8:59	-0.9	7:03	4:33	
24	Tue	3:19	11.1	3:42	10.8	9:28	-0.2	9:55	-0.4	7:02	4:34	
25	Wed	4:18	11.0	4:47	10.2	10:32	0.0	10:53	0.1	7:01	4:35	
26	Thu	5:19	10.9	5:54	9.8	11:37	0.1	11:54	0.6	7:00	4:37	
27	Fri	6:21	10.8	6:59	9.5			12:42	0.1	6:59	4:38	
28	Sat	7:20	10.8	8:00	9.4	12:55	0.9	1:44	0.1	6:58	4:39	
29	Sun	8:16	10.8	8:56	9.4	1:54	1.1	2:41	0.1	6:57	4:41	
30	Mon	9:08	10.8	9:47	9.4	2:48	1.2	3:32	0.0	6:56	4:42	
31	Tue	9:56	10.8	10:33	9.4	3:37	1.2	4:18	0.0	6:55	4:44	