

Rockland, ME - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	1:47	11.1	2:17	10.5	8:09	-0.4	8:27	0.1	6:13	5:24	
2	Sun	2:38	11.1	3:15	10.0	9:06	-0.3	9:21	0.6	6:11	5:25	
3	Mon	3:35	11.0	4:21	9.5	10:08	-0.1	10:22	1.0	6:09	5:26	
4	Tue	4:41	10.8	5:36	9.3	11:16	0.0	11:30	1.2	6:08	5:28	
5	Wed	5:53	10.7	6:49	9.3			12:27	0.0	6:06	5:29	
6	Thu	7:05	10.8	7:55	9.5	12:40	1.2	1:34	-0.1	6:04	5:30	
7	Fri	8:10	11.1	8:53	9.9	1:47	1.0	2:35	-0.4	6:02	5:32	
8	Sat	9:08	11.3	9:46	10.2	2:48	0.7	3:29	-0.6	6:01	5:33	
9	Sun	10:00	11.4	10:33	10.4	3:42	0.3	4:18	-0.6	5:59	5:34	
10	Mon	10:48	11.3	11:17	10.6	4:32	0.1	5:02	-0.5	5:57	5:35	
11	Tue	11:32	11.0	11:57	10.6	5:17	0.1	5:43	-0.3	5:55	5:37	
12	Wed			12:14	10.7	5:59	0.1	6:21	0.1	5:54	5:38	
13	Thu	12:35	10.4	12:54	10.2	6:40	0.2	6:57	0.5	5:52	5:39	
14	Fri	1:10	10.2	1:33	9.7	7:20	0.5	7:34	1.0	5:50	5:40	
15	Sat	1:44	9.9	2:12	9.2	8:01	0.7	8:12	1.5	5:48	5:42	
16	Sun	2:20	9.7	2:55	8.8	8:44	1.0	8:53	1.9	5:46	5:43	
17	Mon	3:01	9.4	3:44	8.4	9:32	1.3	9:41	2.3	5:45	5:44	
18	Tue	3:50	9.2	4:42	8.1	10:26	1.5	10:35	2.5	5:43	5:45	
19	Wed	4:47	9.0	5:46	8.0	11:25	1.6	11:34	2.5	5:41	5:47	
20	Thu	5:50	9.1	6:48	8.2			12:25	1.5	5:39	5:48	
21	Fri	6:51	9.3	7:42	8.5	12:34	2.4	1:21	1.2	5:37	5:49	
22	Sat	7:46	9.7	8:29	9.0	1:29	2.0	2:12	0.8	5:35	5:50	
23	Sun	8:35	10.1	9:11	9.5	2:20	1.5	2:57	0.4	5:34	5:52	
24	Mon	9:20	10.6	9:51	10.1	3:07	0.9	3:39	0.0	5:32	5:53	
25	Tue	10:04	10.9	10:30	10.7	3:53	0.3	4:20	-0.3	5:30	5:54	
26	Wed	10:48	11.2	11:09	11.2	4:37	-0.3	5:01	-0.5	5:28	5:55	
27	Thu	11:33	11.3	11:51	11.6	5:23	-0.8	5:43	-0.6	5:26	5:56	
28	Fri			12:20	11.1	6:10	-1.1	6:28	-0.4	5:24	5:58	
29	Sat	12:36	11.8	1:11	10.8	7:00	-1.2	7:16	-0.1	5:23	5:59	
30	Sun	1:25	11.7	2:06	10.4	7:54	-1.0	8:08	0.3	5:21	6:00	
31	Mon	2:20	11.5	3:07	9.9	8:52	-0.7	9:06	0.7	5:19	6:01	