

Rockland, ME - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:18	9.4	5:04	8.2	10:58	1.4	11:05	2.2	6:12	5:24	
2	Thu	5:18	9.5	6:12	8.3			12:01	1.2	6:11	5:25	
3	Fri	6:22	9.8	7:16	8.7	12:07	2.1	1:02	0.8	6:09	5:27	
4	Sat	7:25	10.3	8:14	9.2	1:09	1.7	1:59	0.3	6:07	5:28	
5	Sun	8:23	10.9	9:05	9.9	2:07	1.0	2:51	-0.3	6:05	5:29	
6	Mon	9:17	11.5	9:53	10.7	3:02	0.3	3:41	-0.8	6:04	5:31	
7	Tue	10:09	11.9	10:40	11.3	3:55	-0.4	4:28	-1.2	6:02	5:32	
8	Wed	10:59	12.1	11:26	11.8	4:46	-1.0	5:15	-1.4	6:00	5:33	
9	Thu	11:50	12.0			5:37	-1.4	6:02	-1.3	5:58	5:34	
10	Fri	12:14	12.1	12:42	11.7	6:29	-1.6	6:50	-1.0	5:57	5:36	
11	Sat	1:03	12.1	1:36	11.2	7:22	-1.4	7:40	-0.5	5:55	5:37	
12	Sun	1:55	11.9	2:34	10.6	8:19	-1.1	8:34	0.1	5:53	5:38	
13	Mon	2:51	11.5	3:37	9.9	9:18	-0.6	9:33	0.7	5:51	5:39	
14	Tue	3:54	11.0	4:45	9.4	10:23	-0.1	10:37	1.2	5:49	5:41	
15	Wed	5:02	10.5	5:53	9.1	11:31	0.3	11:46	1.5	5:48	5:42	
16	Thu	6:10	10.3	6:57	9.1			12:37	0.5	5:46	5:43	
17	Fri	7:14	10.2	7:55	9.2	12:52	1.5	1:39	0.5	5:44	5:44	
18	Sat	8:11	10.3	8:47	9.4	1:53	1.4	2:32	0.5	5:42	5:46	
19	Sun	9:02	10.3	9:33	9.6	2:46	1.2	3:19	0.4	5:40	5:47	
20	Mon	9:47	10.3	10:14	9.8	3:32	1.0	4:00	0.4	5:39	5:48	
21	Tue	10:28	10.2	10:50	9.9	4:14	0.8	4:36	0.5	5:37	5:49	
22	Wed	11:06	10.1	11:23	9.9	4:51	0.7	5:10	0.7	5:35	5:51	
23	Thu	11:40	9.9	11:51	9.9	5:26	0.6	5:41	0.9	5:33	5:52	
24	Fri			12:12	9.6	6:00	0.6	6:12	1.1	5:31	5:53	
25	Sat	12:18	9.9	12:43	9.4	6:35	0.6	6:44	1.3	5:29	5:54	
26	Sun	12:47	9.9	1:16	9.1	7:11	0.7	7:19	1.6	5:28	5:56	
27	Mon	1:22	9.8	1:56	8.9	7:51	0.8	7:58	1.8	5:26	5:57	
28	Tue	2:03	9.7	2:41	8.6	8:36	1.0	8:43	2.0	5:24	5:58	
29	Wed	2:50	9.6	3:33	8.4	9:27	1.1	9:35	2.2	5:22	5:59	
30	Thu	3:44	9.6	4:34	8.4	10:25	1.1	10:35	2.1	5:20	6:00	
31	Fri	4:45	9.7	5:39	8.6	11:27	0.9	11:39	1.9	5:18	6:02	