

Rockland, ME - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:41	9.8	11:50	11.3	5:26	-0.6	5:31	0.7	5:24	8:00	
2	Wed			12:27	9.9	6:11	-0.5	6:18	0.7	5:25	7:59	
3	Thu	12:34	11.0	1:09	9.9	6:53	-0.3	7:01	0.8	5:26	7:58	
4	Fri	1:16	10.7	1:48	9.8	7:32	0.0	7:42	0.9	5:27	7:57	
5	Sat	1:55	10.3	2:26	9.7	8:10	0.3	8:23	1.1	5:28	7:55	
6	Sun	2:34	9.9	3:01	9.5	8:46	0.7	9:05	1.2	5:30	7:54	
7	Mon	3:13	9.4	3:37	9.4	9:24	1.1	9:49	1.4	5:31	7:53	
8	Tue	3:55	9.0	4:16	9.3	10:04	1.5	10:37	1.5	5:32	7:51	
9	Wed	4:42	8.6	5:01	9.2	10:49	1.9	11:29	1.6	5:33	7:50	
10	Thu	5:36	8.3	5:52	9.2	11:38	2.1			5:34	7:48	
11	Fri	6:38	8.1	6:49	9.3	12:26	1.6	12:32	2.3	5:35	7:47	
12	Sat	7:40	8.1	7:47	9.5	1:25	1.5	1:28	2.2	5:36	7:45	
13	Sun	8:38	8.4	8:42	9.9	2:22	1.2	2:24	2.0	5:37	7:44	
14	Mon	9:30	8.7	9:33	10.4	3:14	0.8	3:16	1.6	5:39	7:42	
15	Tue	10:17	9.2	10:20	10.9	4:03	0.3	4:06	1.1	5:40	7:41	
16	Wed	11:00	9.7	11:07	11.3	4:48	-0.2	4:54	0.6	5:41	7:39	
17	Thu	11:43	10.3	11:53	11.6	5:32	-0.7	5:41	0.1	5:42	7:38	
18	Fri			12:26	10.8	6:16	-0.9	6:29	-0.4	5:43	7:36	
19	Sat	12:40	11.7	1:10	11.2	7:00	-1.1	7:19	-0.7	5:44	7:35	
20	Sun	1:29	11.6	1:56	11.5	7:45	-1.0	8:10	-0.8	5:45	7:33	
21	Mon	2:20	11.3	2:46	11.6	8:33	-0.7	9:05	-0.8	5:47	7:31	
22	Tue	3:16	10.8	3:39	11.5	9:24	-0.3	10:04	-0.6	5:48	7:30	
23	Wed	4:16	10.2	4:38	11.2	10:20	0.2	11:07	-0.3	5:49	7:28	
24	Thu	5:24	9.7	5:44	11.0	11:21	0.7			5:50	7:26	
25	Fri	6:35	9.4	6:53	10.8	12:14	-0.1	12:27	1.1	5:51	7:25	
26	Sat	7:43	9.3	8:00	10.8	1:23	0.0	1:35	1.2	5:52	7:23	
27	Sun	8:46	9.4	9:01	10.9	2:28	0.0	2:39	1.1	5:54	7:21	
28	Mon	9:43	9.6	9:57	10.9	3:27	-0.1	3:38	0.9	5:55	7:19	
29	Tue	10:34	9.8	10:47	10.9	4:19	-0.2	4:29	0.8	5:56	7:18	
30	Wed	11:20	9.9	11:32	10.8	5:06	-0.2	5:16	0.7	5:57	7:16	
31	Thu			12:01	10.0	5:47	0.0	5:58	0.6	5:58	7:14	