US HARBORS www.USHarbors.com

Rockland, ME - Feb 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:23	10.9	2:49	10.4	8:43	-0.1	9:02	0.1	6:53	4:46	
2	Fri	3:17	11.0	3:50	9.9	9:42	0.0	9:59	0.5	6:52	4:47	
3	Sat	4:16	10.9	4:59	9.5	10:47	0.0	11:01	0.8	6:51	4:48	
4	Sun	5:22	10.9	6:13	9.3	11:56	0.0			6:50	4:50	
5	Mon	6:32	11.0	7:24	9.4	12:07	1.0	1:04	-0.1	6:49	4:51	
6	Tue	7:40	11.2	8:27	9.6	1:14	1.0	2:09	-0.4	6:47	4:53	
7	Wed	8:41	11.4	9:24	9.9	2:18	0.8	3:07	-0.6	6:46	4:54	
8	Thu	9:37	11.6	10:16	10.2	3:16	0.5	4:00	-0.8	6:45	4:55	
9	Fri	10:28	11.6	11:03	10.4	4:09	0.3	4:48	-0.8	6:44	4:57	
10	Sat	11:15	11.4	11:48	10.4	4:58	0.2	5:32	-0.7	6:42	4:58	
11	Sun	11:59	11.2			5:44	0.2	6:13	-0.4	6:41	5:00	
12	Mon	12:29	10.4	12:41	10.7	6:27	0.3	6:51	0.0	6:39	5:01	
13	Tue	1:07	10.2	1:21	10.2	7:08	0.5	7:29	0.4	6:38	5:02	
14	Wed	1:44	10.0	2:01	9.7	7:50	0.8	8:07	0.9	6:37	5:04	
15	Thu	2:21	9.8	2:42	9.2	8:33	1.0	8:47	1.4	6:35	5:05	
16	Fri	3:00	9.6	3:28	8.7	9:20	1.3	9:30	1.8	6:34	5:06	
17	Sat	3:44	9.3	4:21	8.3	10:11	1.5	10:20	2.1	6:32	5:08	
18	Sun	4:35	9.2	5:23	8.1	11:08	1.6	11:14	2.3	6:31	5:09	
19	Mon	5:33	9.2	6:26	8.1			12:08	1.6	6:29	5:10	
20	Tue	6:34	9.3	7:25	8.2	12:12	2.3	1:06	1.4	6:28	5:12	
21	Wed	7:31	9.6	8:17	8.6	1:09	2.2	2:00	1.0	6:26	5:13	
22	Thu	8:21	10.0	9:03	9.0	2:02	1.8	2:47	0.6	6:24	5:15	
23	Fri	9:07	10.5	9:44	9.5	2:51	1.3	3:31	0.1	6:23	5:16	
24	Sat	9:51	10.9	10:23	10.1	3:37	0.8	4:12	-0.3	6:21	5:17	
25	Sun	10:33	11.2	11:02	10.6	4:22	0.3	4:53	-0.6	6:19	5:19	
26	Mon	11:17	11.4	11:43	11.1	5:07	-0.2	5:34	-0.8	6:18	5:20	
27	Tue			12:02	11.4	5:53	-0.6	6:16	-0.8	6:16	5:21	
28	Wed	12:25	11.4	12:49	11.2	6:41	-0.8	7:01	-0.6	6:14	5:22	