































Rockland, ME - Feb 1990

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | 2:23 | 10.9 | 2:49 | 10.4 | 8:43 | -0.1 | 9:02 | 0.1 | 6:53 | 4:46 |  |
| 2 | Fri | 3:17 | 11.0 | 3:50 | 9.9 | 9:42 | 0.0 | 9:59 | 0.5 | 6:52 | 4:47 |  |
| 3 | Sat | 4:16 | 10.9 | 4:59 | 9.5 | 10:47 | 0.0 | 11:01 | 0.8 | 6:51 | 4:48 |  |
| 4 | Sun | 5:22 | 10.9 | 6:13 | 9.3 | 11:56 | 0.0 | | | 6:50 | 4:50 |  |
| 5 | Mon | 6:32 | 11.0 | 7:24 | 9.4 | 12:07 | 1.0 | 1:04 | -0.1 | 6:49 | 4:51 |  |
| 6 | Tue | 7:40 | 11.2 | 8:27 | 9.6 | 1:14 | 1.0 | 2:09 | -0.4 | 6:47 | 4:53 |  |
| 7 | Wed | 8:41 | 11.4 | 9:24 | 9.9 | 2:18 | 0.8 | 3:07 | -0.6 | 6:46 | 4:54 |  |
| 8 | Thu | 9:37 | 11.6 | 10:16 | 10.2 | 3:16 | 0.5 | 4:00 | -0.8 | 6:45 | 4:55 |  |
| 9 | Fri | 10:28 | 11.6 | 11:03 | 10.4 | 4:09 | 0.3 | 4:48 | -0.8 | 6:44 | 4:57 |  |
| 10 | Sat | 11:15 | 11.4 | 11:48 | 10.4 | 4:58 | 0.2 | 5:32 | -0.7 | 6:42 | 4:58 |  |
| 11 | Sun | 11:59 | 11.2 | | | 5:44 | 0.2 | 6:13 | -0.4 | 6:41 | 5:00 |  |
| 12 | Mon | 12:29 | 10.4 | 12:41 | 10.7 | 6:27 | 0.3 | 6:51 | 0.0 | 6:39 | 5:01 |  |
| 13 | Tue | 1:07 | 10.2 | 1:21 | 10.2 | 7:08 | 0.5 | 7:29 | 0.4 | 6:38 | 5:02 |  |
| 14 | Wed | 1:44 | 10.0 | 2:01 | 9.7 | 7:50 | 0.8 | 8:07 | 0.9 | 6:37 | 5:04 |  |
| 15 | Thu | 2:21 | 9.8 | 2:42 | 9.2 | 8:33 | 1.0 | 8:47 | 1.4 | 6:35 | 5:05 |  |
| 16 | Fri | 3:00 | 9.6 | 3:28 | 8.7 | 9:20 | 1.3 | 9:30 | 1.8 | 6:34 | 5:06 |  |
| 17 | Sat | 3:44 | 9.3 | 4:21 | 8.3 | 10:11 | 1.5 | 10:20 | 2.1 | 6:32 | 5:08 |  |
| 18 | Sun | 4:35 | 9.2 | 5:23 | 8.1 | 11:08 | 1.6 | 11:14 | 2.3 | 6:31 | 5:09 |  |
| 19 | Mon | 5:33 | 9.2 | 6:26 | 8.1 | | | 12:08 | 1.6 | 6:29 | 5:10 |  |
| 20 | Tue | 6:34 | 9.3 | 7:25 | 8.2 | 12:12 | 2.3 | 1:06 | 1.4 | 6:28 | 5:12 |  |
| 21 | Wed | 7:31 | 9.6 | 8:17 | 8.6 | 1:09 | 2.2 | 2:00 | 1.0 | 6:26 | 5:13 |  |
| 22 | Thu | 8:21 | 10.0 | 9:03 | 9.0 | 2:02 | 1.8 | 2:47 | 0.6 | 6:24 | 5:15 |  |
| 23 | Fri | 9:07 | 10.5 | 9:44 | 9.5 | 2:51 | 1.3 | 3:31 | 0.1 | 6:23 | 5:16 |  |
| 24 | Sat | 9:51 | 10.9 | 10:23 | 10.1 | 3:37 | 0.8 | 4:12 | -0.3 | 6:21 | 5:17 |  |
| 25 | Sun | 10:33 | 11.2 | 11:02 | 10.6 | 4:22 | 0.3 | 4:53 | -0.6 | 6:19 | 5:19 |  |
| 26 | Mon | 11:17 | 11.4 | 11:43 | 11.1 | 5:07 | -0.2 | 5:34 | -0.8 | 6:18 | 5:20 |  |
| 27 | Tue | | | 12:02 | 11.4 | 5:53 | -0.6 | 6:16 | -0.8 | 6:16 | 5:21 |  |
| 28 | Wed | 12:25 | 11.4 | 12:49 | 11.2 | 6:41 | -0.8 | 7:01 | -0.6 | 6:14 | 5:22 |  |