

































Rockland, ME - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:09	12.0	9:52	10.5	2:55	0.1	3:39	-1.4	6:51	3:59	
2	Sun	10:01	12.4	10:47	10.7	3:47	-0.1	4:32	-1.8	6:52	3:59	
3	Mon	10:54	12.6	11:41	10.7	4:40	-0.2	5:26	-1.9	6:53	3:58	
4	Tue	11:48	12.6			5:34	-0.2	6:20	-1.9	6:54	3:58	
5	Wed	12:37	10.7	12:44	12.3	6:29	-0.1	7:15	-1.6	6:55	3:58	
6	Thu	1:33	10.6	1:42	11.9	7:27	0.1	8:11	-1.2	6:56	3:58	
7	Fri	2:32	10.4	2:43	11.3	8:27	0.4	9:08	-0.8	6:57	3:58	
8	Sat	3:31	10.3	3:46	10.7	9:30	0.6	10:05	-0.3	6:58	3:58	
9	Sun	4:31	10.3	4:50	10.2	10:34	0.8	11:03	0.2	6:59	3:58	
10	Mon	5:29	10.2	5:53	9.7	11:38	0.8			7:00	3:58	
11	Tue	6:25	10.3	6:53	9.4	12:00	0.6	12:39	0.8	7:01	3:58	
12	Wed	7:18	10.3	7:49	9.3	12:54	1.0	1:36	0.7	7:02	3:58	
13	Thu	8:07	10.3	8:41	9.2	1:46	1.2	2:27	0.5	7:02	3:58	
14	Fri	8:53	10.4	9:29	9.1	2:33	1.4	3:14	0.4	7:03	3:58	
15	Sat	9:36	10.4	10:13	9.1	3:17	1.5	3:57	0.4	7:04	3:58	
16	Sun	10:15	10.3	10:54	9.0	3:58	1.6	4:37	0.3	7:05	3:58	
17	Mon	10:52	10.3	11:32	9.0	4:36	1.7	5:15	0.3	7:05	3:59	
18	Tue	11:25	10.3			5:13	1.7	5:52	0.3	7:06	3:59	
19	Wed	12:08	8.9	11:58 AM	10.2	5:49	1.7	6:28	0.4	7:07	3:59	
20	Thu	12:41	8.9	12:31	10.1	6:27	1.7	7:04	0.4	7:07	4:00	
21	Fri	1:14	9.0	1:09	10.1	7:06	1.7	7:41	0.5	7:08	4:00	
22	Sat	1:50	9.1	1:50	9.9	7:48	1.7	8:21	0.6	7:08	4:01	
23	Sun	2:30	9.2	2:36	9.8	8:35	1.6	9:04	0.6	7:09	4:01	
24	Mon	3:15	9.5	3:27	9.6	9:26	1.5	9:51	0.7	7:09	4:02	
25	Tue	4:05	9.7	4:24	9.5	10:23	1.2	10:43	0.8	7:09	4:03	
26	Wed	4:58	10.1	5:26	9.4	11:23	0.8	11:38	0.8	7:10	4:03	
27	Thu	5:54	10.5	6:31	9.4			12:25	0.3	7:10	4:04	
28	Fri	6:53	11.0	7:37	9.6	12:36	0.7	1:26	-0.2	7:10	4:05	
29	Sat	7:52	11.5	8:40	9.9	1:35	0.6	2:26	-0.8	7:11	4:05	
30	Sun	8:51	12.0	9:39	10.3	2:33	0.3	3:24	-1.3	7:11	4:06	
31	Mon	9:48	12.4	10:36	10.7	3:30	0.1	4:19	-1.7	7:11	4:07	