US HARBORS www.USHarbors.com

Rockland, ME - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**9:09**	12.0	**9:52**	10.5	**2:55**	0.1	**3:39**	-1.4	6:51	3:59	
2	Sun	**10:01**	12.4	**10:47**	10.7	**3:47**	-0.1	**4:32**	-1.8	6:52	3:59	
3	Mon	**10:54**	12.6	**11:41**	10.7	**4:40**	-0.2	**5:26**	-1.9	6:53	3:58	
4	Tue	**11:48**	12.6			**5:34**	-0.2	**6:20**	-1.9	6:54	3:58	
5	Wed	**12:37**	10.7	**12:44**	12.3	**6:29**	-0.1	**7:15**	-1.6	6:55	3:58	
6	Thu	**1:33**	10.6	**1:42**	11.9	**7:27**	0.1	**8:11**	-1.2	6:56	3:58	
7	Fri	**2:32**	10.4	**2:43**	11.3	**8:27**	0.4	**9:08**	-0.8	6:57	3:58	
8	Sat	**3:31**	10.3	**3:46**	10.7	**9:30**	0.6	**10:05**	-0.3	6:58	3:58	
9	Sun	**4:31**	10.3	**4:50**	10.2	**10:34**	0.8	**11:03**	0.2	6:59	3:58	
10	Mon	**5:29**	10.2	**5:53**	9.7	**11:38**	0.8			7:00	3:58	
11	Tue	**6:25**	10.3	**6:53**	9.4	**12:00**	0.6	**12:39**	0.8	7:01	3:58	
12	Wed	**7:18**	10.3	**7:49**	9.3	**12:54**	1.0	**1:36**	0.7	7:02	3:58	
13	Thu	**8:07**	10.3	**8:41**	9.2	**1:46**	1.2	**2:27**	0.5	7:02	3:58	
14	Fri	**8:53**	10.4	**9:29**	9.1	**2:33**	1.4	**3:14**	0.4	7:03	3:58	
15	Sat	**9:36**	10.4	**10:13**	9.1	**3:17**	1.5	**3:57**	0.4	7:04	3:58	
16	Sun	**10:15**	10.3	**10:54**	9.0	**3:58**	1.6	**4:37**	0.3	7:05	3:58	
17	Mon	**10:52**	10.3	**11:32**	9.0	**4:36**	1.7	**5:15**	0.3	7:05	3:59	
18	Tue	**11:25**	10.3			**5:13**	1.7	**5:52**	0.3	7:06	3:59	
19	Wed	**12:08**	8.9	**11:58 AM**	10.2	**5:49**	1.7	**6:28**	0.4	7:07	3:59	
20	Thu	**12:41**	8.9	**12:31**	10.1	**6:27**	1.7	**7:04**	0.4	7:07	4:00	
21	Fri	**1:14**	9.0	**1:09**	10.1	**7:06**	1.7	**7:41**	0.5	7:08	4:00	
22	Sat	**1:50**	9.1	**1:50**	9.9	**7:48**	1.7	**8:21**	0.6	7:08	4:01	
23	Sun	**2:30**	9.2	**2:36**	9.8	**8:35**	1.6	**9:04**	0.6	7:09	4:01	
24	Mon	**3:15**	9.5	**3:27**	9.6	**9:26**	1.5	**9:51**	0.7	7:09	4:02	
25	Tue	**4:05**	9.7	**4:24**	9.5	**10:23**	1.2	**10:43**	0.8	7:09	4:03	
26	Wed	**4:58**	10.1	**5:26**	9.4	**11:23**	0.8	**11:38**	0.8	7:10	4:03	
27	Thu	**5:54**	10.5	**6:31**	9.4			**12:25**	0.3	7:10	4:04	
28	Fri	**6:53**	11.0	**7:37**	9.6	**12:36**	0.7	**1:26**	-0.2	7:10	4:05	
29	Sat	**7:52**	11.5	**8:40**	9.9	**1:35**	0.6	**2:26**	-0.8	7:11	4:05	
30	Sun	**8:51**	12.0	**9:39**	10.3	**2:33**	0.3	**3:24**	-1.3	7:11	4:06	
31	Mon	**9:48**	12.4	**10:36**	10.7	**3:30**	0.1	**4:19**	-1.7	7:11	4:07	