

































## Rockland, ME - Jul 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:57	10.0	2:37	9.1	8:27	0.5	8:34	1.6	4:56	8:23	
2	Tue	2:35	9.9	3:13	9.2	9:04	0.6	9:17	1.6	4:57	8:23	
3	Wed	3:18	9.7	3:53	9.4	9:44	0.7	10:05	1.5	4:57	8:23	
4	Thu	4:05	9.5	4:38	9.6	10:27	0.9	10:57	1.3	4:58	8:22	
5	Fri	4:57	9.3	5:28	9.9	11:15	1.0	11:53	1.0	4:59	8:22	
6	Sat	5:54	9.2	6:22	10.3			12:07	1.0	4:59	8:22	
7	Sun	6:57	9.2	7:19	10.7	12:53	0.7	1:04	1.0	5:00	8:21	
8	Mon	8:02	9.3	8:19	11.1	1:54	0.2	2:02	0.8	5:01	8:21	
9	Tue	9:06	9.6	9:19	11.6	2:55	-0.4	3:02	0.6	5:01	8:21	
10	Wed	10:07	10.0	10:17	12.1	3:53	-0.9	4:00	0.3	5:02	8:20	
11	Thu	11:05	10.4	11:14	12.4	4:50	-1.4	4:57	-0.1	5:03	8:20	
12	Fri			12:00	10.7	5:44	-1.7	5:53	-0.4	5:04	8:19	
13	Sat	12:10	12.6	12:54	11.0	6:37	-1.9	6:49	-0.5	5:05	8:19	
14	Sun	1:05	12.5	1:46	11.2	7:29	-1.8	7:44	-0.6	5:06	8:18	
15	Mon	2:00	12.2	2:39	11.2	8:21	-1.5	8:41	-0.4	5:06	8:17	
16	Tue	2:56	11.6	3:33	11.1	9:12	-1.0	9:38	-0.2	5:07	8:17	
17	Wed	3:53	11.0	4:27	10.9	10:04	-0.5	10:37	0.1	5:08	8:16	
18	Thu	4:52	10.3	5:23	10.7	10:58	0.2	11:37	0.4	5:09	8:15	
19	Fri	5:53	9.7	6:19	10.5	11:53	0.7			5:10	8:14	
20	Sat	6:54	9.2	7:16	10.3	12:38	0.6	12:50	1.2	5:11	8:13	
21	Sun	7:53	8.9	8:11	10.2	1:38	0.7	1:46	1.5	5:12	8:13	
22	Mon	8:49	8.8	9:03	10.2	2:35	0.7	2:40	1.7	5:13	8:12	
23	Tue	9:41	8.8	9:51	10.2	3:27	0.7	3:30	1.7	5:14	8:11	
24	Wed	10:29	8.9	10:36	10.3	4:14	0.6	4:16	1.6	5:15	8:10	
25	Thu	11:12	9.0	11:16	10.3	4:57	0.5	4:58	1.6	5:16	8:09	
26	Fri	11:52	9.1	11:53	10.3	5:37	0.4	5:36	1.5	5:17	8:08	
27	Sat			12:28	9.2	6:13	0.4	6:13	1.4	5:18	8:07	
28	Sun	12:26	10.3	1:00	9.3	6:47	0.3	6:50	1.3	5:19	8:06	
29	Mon	12:58	10.3	1:29	9.4	7:20	0.4	7:27	1.2	5:20	8:05	
30	Tue	1:31	10.2	2:00	9.6	7:54	0.4	8:06	1.1	5:21	8:03	
31	Wed	2:08	10.0	2:35	9.8	8:29	0.5	8:48	1.0	5:22	8:02	