US HARBORS www.USHarbors.com

Rockland, ME - Jan 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:21	9.2	4:39	8.7	10:37	1.7	10:52	1.6	7:11	4:08	
2	Sat	5:10	9.3	5:37	8.6	11:33	1.6	11:43	1.7	7:11	4:09	
3	Sun	6:01	9.5	6:37	8.6			12:29	1.3	7:11	4:10	
4	Mon	6:53	9.9	7:35	8.8	12:35	1.7	1:23	0.9	7:11	4:11	
5	Tue	7:44	10.3	8:27	9.1	1:27	1.5	2:15	0.4	7:11	4:12	
6	Wed	8:33	10.8	9:17	9.5	2:18	1.2	3:04	-0.1	7:11	4:13	
7	Thu	9:21	11.3	10:04	9.9	3:08	0.8	3:52	-0.6	7:10	4:14	
8	Fri	10:09	11.7	10:51	10.3	3:57	0.4	4:39	-1.1	7:10	4:15	
9	Sat	10:57	12.1	11:38	10.7	4:46	0.0	5:26	-1.4	7:10	4:16	
10	Sun	11:46	12.2			5:36	-0.3	6:13	-1.6	7:10	4:18	
11	Mon	12:26	11.1	12:37	12.1	6:27	-0.5	7:02	-1.6	7:09	4:19	
12	Tue	1:16	11.3	1:31	11.9	7:21	-0.6	7:52	-1.3	7:09	4:20	
13	Wed	2:08	11.4	2:28	11.4	8:18	-0.5	8:45	-0.9	7:08	4:21	
14	Thu	3:04	11.3	3:30	10.8	9:18	-0.4	9:42	-0.5	7:08	4:22	
15	Fri	4:04	11.3	4:36	10.3	10:21	-0.2	10:41	0.0	7:08	4:23	
16	Sat	5:08	11.1	5:45	9.9	11:28	-0.1	11:44	0.4	7:07	4:25	
17	Sun	6:12	11.1	6:52	9.7			12:34	-0.1	7:06	4:26	
18	Mon	7:13	11.1	7:54	9.6	12:47	0.7	1:37	-0.1	7:06	4:27	
19	Tue	8:11	11.1	8:51	9.6	1:48	0.8	2:35	-0.2	7:05	4:28	
20	Wed	9:05	11.1	9:42	9.7	2:44	0.8	3:28	-0.3	7:04	4:30	
21	Thu	9:54	11.1	10:30	9.7	3:35	0.8	4:15	-0.3	7:04	4:31	
22	Fri	10:39	11.0	11:13	9.7	4:21	0.9	4:58	-0.2	7:03	4:32	
23	Sat	11:20	10.8	11:52	9.7	5:03	0.9	5:36	-0.1	7:02	4:34	
24	Sun	11:57	10.6			5:42	1.0	6:12	0.1	7:01	4:35	
25	Mon	12:28	9.6	12:32	10.3	6:19	1.0	6:46	0.3	7:00	4:36	
26	Tue	1:01	9.6	1:04	10.0	6:56	1.1	7:21	0.6	6:59	4:38	
27	Wed	1:32	9.5	1:38	9.7	7:35	1.2	7:56	0.8	6:58	4:39	
28	Thu	2:05	9.5	2:16	9.4	8:16	1.3	8:34	1.1	6:57	4:40	
29	Fri	2:42	9.5	3:00	9.0	9:01	1.4	9:16	1.4	6:56	4:42	
30	Sat	3:24	9.4	3:49	8.7	9:50	1.5	10:02	1.6	6:55	4:43	
31	Sun	4:13	9.5	4:45	8.5	10:45	1.4	10:55	1.8	6:54	4:45	