US HARBORS www.USHarbors.com

Rockland, ME - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:33	10.0	9:49	11.7	3:16	-0.7	3:26	0.3	4:57	8:23	
2	Fri	10:30	10.1	10:42	11.7	4:13	-0.8	4:21	0.4	4:57	8:23	
3	Sat	11:22	10.1	11:32	11.6	5:06	-0.9	5:12	0.4	4:58	8:23	
4	Sun			12:12	10.1	5:55	-0.8	6:01	0.5	4:58	8:22	
5	Mon	12:19	11.4	12:58	10.0	6:40	-0.7	6:47	0.7	4:59	8:22	
6	Tue	1:04	11.1	1:42	9.9	7:24	-0.4	7:31	0.9	5:00	8:22	
7	Wed	1:46	10.7	2:24	9.7	8:05	-0.1	8:15	1.1	5:00	8:21	
8	Thu	2:27	10.3	3:04	9.6	8:45	0.2	8:58	1.3	5:01	8:21	
9	Fri	3:08	9.9	3:44	9.5	9:25	0.6	9:43	1.4	5:02	8:20	
10	Sat	3:50	9.5	4:25	9.4	10:06	1.0	10:31	1.6	5:03	8:20	
11	Sun	4:37	9.1	5:09	9.3	10:50	1.3	11:22	1.6	5:03	8:19	
12	Mon	5:28	8.8	5:57	9.3	11:37	1.5			5:04	8:19	
13	Tue	6:24	8.5	6:47	9.5	12:16	1.6	12:27	1.7	5:05	8:18	
14	Wed	7:23	8.5	7:38	9.7	1:12	1.4	1:18	1.8	5:06	8:18	
15	Thu	8:19	8.6	8:29	10.0	2:06	1.2	2:10	1.7	5:07	8:17	
16	Fri	9:12	8.8	9:17	10.3	2:58	0.8	3:00	1.5	5:08	8:16	
17	Sat	10:00	9.1	10:04	10.8	3:47	0.4	3:49	1.2	5:09	8:15	
18	Sun	10:46	9.5	10:50	11.2	4:34	-0.1	4:37	0.8	5:10	8:15	
19	Mon	11:30	9.9	11:36	11.6	5:19	-0.5	5:24	0.4	5:11	8:14	
20	Tue			12:15	10.4	6:04	-0.9	6:12	0.0	5:12	8:13	
21	Wed	12:23	11.8	1:00	10.8	6:49	-1.2	7:02	-0.3	5:13	8:12	
22	Thu	1:11	11.9	1:47	11.1	7:36	-1.3	7:53	-0.5	5:14	8:11	
23	Fri	2:02	11.7	2:37	11.3	8:24	-1.2	8:47	-0.5	5:15	8:10	
24	Sat	2:56	11.4	3:30	11.4	9:14	-0.9	9:45	-0.5	5:16	8:09	
25	Sun	3:55	10.9	4:27	11.4	10:08	-0.5	10:46	-0.4	5:17	8:08	
26	Mon	4:58	10.4	5:29	11.3	11:06	-0.1	11:51	-0.3	5:18	8:07	
27	Tue	6:07	10.0	6:33	11.2			12:07	0.3	5:19	8:06	
28	Wed	7:15	9.8	7:38	11.2	12:57	-0.2	1:11	0.5	5:20	8:05	
29	Thu	8:20	9.7	8:39	11.2	2:02	-0.2	2:14	0.7	5:21	8:04	
30	Fri	9:20	9.8	9:36	11.3	3:04	-0.3	3:14	0.7	5:22	8:03	
31	Sat	10:15	9.9	10:29	11.3	4:00	-0.4	4:09	0.6	5:23	8:02	