US HARBORS www.USHarbors.com

Rockland, ME - Aug 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:05	9.9	11:17	11.2	4:50	-0.4	4:59	0.6	5:24	8:00	
2	Mon	11:52	10.0			5:36	-0.4	5:44	0.6	5:25	7:59	
3	Tue	12:02	11.0	12:34	9.9	6:18	-0.3	6:26	0.7	5:26	7:58	
4	Wed	12:43	10.8	1:13	9.9	6:57	0.0	7:06	0.8	5:27	7:57	
5	Thu	1:21	10.4	1:49	9.8	7:33	0.2	7:45	0.9	5:28	7:55	
6	Fri	1:56	10.1	2:22	9.7	8:08	0.5	8:24	1.1	5:30	7:54	
7	Sat	2:31	9.7	2:55	9.6	8:44	0.8	9:04	1.2	5:31	7:53	
8	Sun	3:08	9.4	3:31	9.5	9:22	1.2	9:48	1.3	5:32	7:51	
9	Mon	3:50	9.0	4:12	9.4	10:03	1.5	10:36	1.4	5:33	7:50	
10	Tue	4:37	8.7	4:59	9.4	10:49	1.7	11:29	1.5	5:34	7:48	
11	Wed	5:32	8.5	5:51	9.4	11:39	1.9			5:35	7:47	
12	Thu	6:32	8.4	6:48	9.6	12:26	1.4	12:34	1.9	5:36	7:45	
13	Fri	7:34	8.5	7:46	9.9	1:24	1.2	1:31	1.7	5:38	7:44	
14	Sat	8:33	8.9	8:42	10.4	2:20	0.8	2:27	1.4	5:39	7:42	
15	Sun	9:26	9.3	9:35	10.9	3:13	0.3	3:20	0.9	5:40	7:41	
16	Mon	10:15	9.9	10:26	11.4	4:03	-0.3	4:12	0.3	5:41	7:39	
17	Tue	11:02	10.5	11:15	11.8	4:51	-0.8	5:02	-0.2	5:42	7:38	
18	Wed	11:49	11.1			5:37	-1.2	5:53	-0.7	5:43	7:36	
19	Thu	12:05	12.1	12:35	11.5	6:24	-1.4	6:44	-1.1	5:44	7:35	
20	Fri	12:55	12.1	1:24	11.8	7:12	-1.4	7:36	-1.3	5:46	7:33	
21	Sat	1:47	11.9	2:14	11.9	8:01	-1.2	8:30	-1.2	5:47	7:31	
22	Sun	2:42	11.4	3:08	11.8	8:52	-0.9	9:28	-1.0	5:48	7:30	
23	Mon	3:41	10.9	4:06	11.6	9:47	-0.4	10:29	-0.7	5:49	7:28	
24	Tue	4:46	10.3	5:09	11.3	10:47	0.2	11:34	-0.4	5:50	7:26	
25	Wed	5:54	9.9	6:16	11.0	11:50	0.6			5:51	7:25	
26	Thu	7:01	9.6	7:22	10.9	12:40	-0.1	12:56	0.8	5:52	7:23	
27	Fri	8:05	9.6	8:24	10.8	1:46	0.0	2:01	0.9	5:54	7:21	
28	Sat	9:03	9.7	9:20	10.8	2:47	0.0	3:00	0.9	5:55	7:19	
29	Sun	9:56	9.8	10:12	10.8	3:41	0.0	3:54	0.8	5:56	7:18	
30	Mon	10:43	10.0	10:58	10.8	4:29	0.0	4:41	0.7	5:57	7:16	
31	Tue	11:26	10.0	11:40	10.6	5:12	0.0	5:24	0.6	5:58	7:14	